



# Do you provide support for an older adult who has dementia or Alzheimers disease?

Paid support workers and informal caregivers are a vital part of the wellbeing of people with dementia or Alzheimers disease as they age. Valuing and assisting this important group of carers is crucial.

In this research study, we wish to find out what makes carers feel valued, what skills and resources they use for caring, and how carers help those they are supporting to access other services.

You may qualify for this study if you provide support to an older adult (regardless of whether or not you are paid for this support) AND that individual:

- is at least 65 years old
- has dementia or Alzheimers disease

We wish to recruit and interview 20 support workers (working in institutionalised and home-based aged care) and 20 informal caregivers who support older adults with dementia/Alzheimers disease. Interviews will take about 60 minutes. The interview can occur at a time and venue convenient for you.

**Principal Investigators are:**

Professor Leigh Hale – [leigh.hale@otago.ac.nz](mailto:leigh.hale@otago.ac.nz)  
Dr Nicola Kayes – [nkayes@aut.ac.nz](mailto:nkayes@aut.ac.nz)  
and Professor Pauline Norris – [pauline.norris@otago.ac.nz](mailto:pauline.norris@otago.ac.nz)

Should you wish to take part in this study please contact:

**If you live in Dunedin, please contact:**

Beth Mayland  
Email: [Elizabeth.mayland@otago.ac.nz](mailto:Elizabeth.mayland@otago.ac.nz)  
Tel: (03) 479 7130

**If you live in Auckland, please contact:**

Karol Czuba  
Email: [kczuba@aut.ac.nz](mailto:kczuba@aut.ac.nz)  
Tel: (09) 921 9999 ext. 7768

**If you live in Hamilton, please contact:**

Esther Ngocha-Chaderopa  
Email: [esther.chaderopa@wairiki.ac.nz](mailto:esther.chaderopa@wairiki.ac.nz)  
Tel: (07) 921 8568