

# CHI Māori Research Values (Pou Tikanga)



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## Introduction

These eight core values and philosophy will guide Māori research and create a kaupapa Māori methodology for CHI.

It is recognised that health research impacts on members of the whānau, so each decision and research step will ensure that whānau will be respected and that long-term relationships can be formed and maintained. This is unique to Indigenous researchers and is also reflected within the Kaupapa Māori methodologies.

## Manaakitanga (looking after our people)

Internally as staff we will pay respect to each other, in addition to our research participants, iwi members, community and to all others whom we interact. Manaakitanga will be reflected in the following behaviours:

### Tautoko

- Shares time, knowledge and expertise
- Provides support to others
- Dedicates time to others
- Proactively coaches' others

### Manaaki

- Engages with others in a respectful manner
- Demonstrates the importance of relationships
- Engages others where guidance from others is necessary

## Rangatiratanga (leadership)

We will strive to maintain a high degree of personal integrity and ethical behaviour in all actions and decisions we make. It will be reflected in the following behaviours:

### Self-Awareness

- Builds rapport with ease
- Demonstrates the ability to connect with people at all levels
- Demonstrates empathy

### Integrity

- Demonstrates open and honest communication
- Demonstrates fairness
- Acts with integrity and puts benefits of the tribe before own agenda

### Whanaungatanga (family)

We will respect, foster and maintain important relationships within the organisation, within iwi and within the community. Whanaungatanga will be reflected in the following behaviours:

- Collaboration
- Works effectively within a team environment and across the Group
- Actively shares ideas
- Encourages others

### Engagement

- Proactively seeks to extend networks within the wider iwi
- Takes steps to ensure is well informed of issues /initiatives within the tribe

We must have two-way connectedness and investment in all relationships important to the Rūnanga

### Tohungatanga (expertise/professionalism)

We will pursue knowledge and ideas that will strengthen and grow expertise with Healthy Heart research. Tohungatanga will be reflected in the following behaviours:

#### Strive for Excellence

- Serves as a role model for others
- Sets goals to achieve high performance, encourages others to aspire to that level
- Delivers work to exceptional quality

#### Continuous Learning

- Is proactive in seeking learning opportunities
- May teach others in a formal context
- Invests personal time in additional study

### Kaitiakitanga (stewardship)

We will work actively to protect our communities, whānau, hapū, iwi and the nation from heart diseases. Kaitiakitanga will be reflected in the following behaviours:

- Resourcefulness
- Demonstrates consistent approach to careful expenditure of spending pūtea
- Looks for sustainable solutions when dealing with providers/suppliers

### Innovation

- Regularly thinks outside the square
- Demonstrates the ability to turn ideas into reality
- Contributes novel ideas

### Mātauranga (Western and Māori knowledge systems)

We must bring confident knowledge and application of expertise towards the outcomes of our Māori, hapū, marae and Iwi stakeholders.

Whakapapa (The intergenerational interconnectedness of people and the environment)

We must understand and acknowledge the interconnectedness of people, place, and environment. We also acknowledge whakapapa as the reason to ensure unity of purpose and outcomes for the Rūnanga.

Ahikāroa (Vision leaders in academia and communities).

We must understand the aspirational visions of our Māori, hapū, marae and Iwi stakeholders.