

Student Health nurses deliver a service that encourages you to keep well and to achieve your very best - check us out...

**Same Day
Nurse
Appointments
(15 Mins)**

Medical certificates (excludes special consideration for exams and medical withdrawal from course)

Applications for Disabilities Support (physical problems)

Coughs, colds, sore throats

Sore ears, blocked sinuses

Emergency Contraception Pill (ECP)

UTI bladder infection, females only

Conjunctivitis, both eyes

Cuts/burns/sprains/minor skin infections, dressings

Thrush symptoms (females only) (ask for a 30min appt)

Tinea – Athletes Foot, Jock Itch

Scabies

Impetigo (School sores)

**Routine Nurse
Appointments
(15 Mins)**

Medication Repeats (If prescribed by **Student Health GP** in last 12 months)

Contraception

Hayfever

Mild Eczema

*Asthma **

*Diabetes (nurses Ang & Julie)**

STI check (no symptoms, self-swab, females only)

Pregnancy Test

Removal of stitches/sutures

Wound dressing

Blood Pressure Check

Ear Check/Ear wax advice

Vision and Hearing Testing

ECG (Heart Tracing-ordered by GP)

Wart Treatment

Routine Vaccinations (vaccine charges may apply)

Dental Council immunity screening

**Ask for 30 min appointment*

**Routine Nurse
Appointments
(30 Mins)**

Routine Cervical Screening (Smear, incl STI screen)

Not sleeping? Advice for a better night's sleep

Lifestyle Support*
Healthy Eating/Activity

Smoking Cessation Support*

Pregnancy advice & support

***5 Free 30 Appointments for NZ residents per year**

INTERNATIONAL STUDENTS

Please check your insurance cover for exclusions

Designated Nurse Prescriber Nurse Julie Williams is able to prescribe a range of medications to assist in your wellbeing and also for common community illnesses. Some examples are antibiotics if indicated for skin infections, STIs, tonsillitis; hayfever, contraception medications. If you are not sure Julie can help please ask reception.

reviewed 20/12/2017 KMA

**Speciality
Nurse
Appointments
(30mins)**

Male sexual health checks

Female sexual health checks with symptoms (no abdominal pain)

Genital Wart treatment

Any sexual health concerns

Travel advice - Initial discussion

Travel vaccination appointment (vaccine charges additional and must have Travel Advice appointment first)

Immunotherapy (only after review with **Student Health GP**)

Diabetes Monitoring & 2 free checks for NZ Residents