

The Diabesity Crisis: How can we make a difference?



Friday, 17 March 2017 | 9am-5pm | Clinical Education Centre | Auckland City Hospital

8.30am Registration, tea and coffee

Welcome

9:00	Mihi whakatau	David Hillman <i>Ngāti whātua</i>
	Introduction	Angus McFarlane <i>Te Arawa</i>
	Opening address	Hon Paul Goldsmith <i>Minister for Science and Innovation</i>
	Welcome	Sir Eion Edgar <i>Chair, Edgar Diabetes and Obesity Research</i>

Should we be starting early?

Session chair: **Barry Taylor**

9:30	Preventing obesity in early childhood: lessons from Australia, New Zealand, and beyond	Louise Baur <i>University of Sydney</i>
10:15	Is sleep the answer to childhood obesity?	Rachael Taylor <i>University of Otago</i>
10:30	Bottoms up: the gut microbiome and childhood obesity	Wayne Cutfield <i>University of Auckland</i>
10:45	Sitting less, HIITing more and everything in between: physical activity for obesity prevention among adolescents	Dave Lubans <i>University of Newcastle</i>

11:15am Morning tea

Are there new strategies we can use?

Session chair: **Rachael McLean**

11:45	Kids'Cam: The obesogenic world of New Zealand children in pictures	Louise Signal <i>University of Otago</i>
12:00	mHealth for diabetes and obesity prevention in Maori and Pacific communities	Lisa Te Morenga <i>University of Otago</i>
12:15	Best practice policy approaches to obesity prevention	Cliona Ni Mhurchu <i>University of Auckland</i>

12:30

Lunch

Is it too late by adulthood?

Session chair: **Robert Beaglehole**

- | | | |
|------|-----------------------------------------------------------------------------|-----------------------------------------------------------|
| 1:30 | Exploring and overcoming T2DM inequalities in Indigenous Peoples | Alex Brown
<i>University of South Australia</i> |
| 2:15 | The role of genetics in diabetes and obesity | Tony Merriman
<i>University of Otago</i> |
| 2:30 | Enhancing biological resilience to obesity and type 2 diabetes | Rinki Murphy
<i>University of Auckland</i> |
| 2:45 | Can primary care contribute to halting and reversing the diabetes epidemic? | Kirsten Coppell
<i>University of Otago</i> |

3:00

Afternoon tea

Is surgery the answer for diabetes?

Session chair: **Jeremy Krebs**

- | | | |
|------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| 3:30 | Targeting the gut to treat obesity and type 2 diabetes | Rachel Batterham
<i>University College London</i> |
| 4:15 | Māori Voices in the journey towards Bariatric Surgery: experiences through the Whānau Health Literacy Pilot Programme and beyond | Callie Corrigan
<i>Toi Tangata</i> |

Hot topic debate

Debate chair: **Dianne McCarthy**

- | | | |
|------|-------------------------------------------------------|-------------------------------------------------------------|
| 4:30 | A friendly debate on a topical issue (to be revealed) | Jim Mann, Dave Grattan
<i>University of Otago</i> |
|------|-------------------------------------------------------|-------------------------------------------------------------|

Summary and close

- | | | |
|------|--------------------|-----------------------------------------------------|
| 4:50 | Concluding remarks | Rod Jackson
<i>University of Auckland</i> |
|------|--------------------|-----------------------------------------------------|

Jointly hosted by three national research centres with a shared interest in reducing the burden of diabetes and obesity in NZ

