

Falls prevention: past, present and future

4th Australian and New Zealand Falls Prevention Society Conference
Dunedin, New Zealand



Programme (as at 12 November 2010)

	Sunday, 21 st November
9.00am – 12.00noon	Physical Activities (not organised by ANZFPS Conference, email jan.brosnahan@otago.ac.nz) Rowing, biking, walking, running beside the beautiful Otago Harbour
1.00pm – 2.00pm	Conference and Workshop Registration St David Lecture Theatre Complex, University of Otago, corner of St David and Castle Streets
2.00pm – 4.30pm	Pre-Conference Workshops (optional extra) <ol style="list-style-type: none"> Interpreting the results from falls prevention research Associate Professor Terry Haines and Associate Professor Clare Robertson Seminar room 1 Motivating older people to take up and adhere to physical activity programmes Bob Laventure Seminar room 2 Implementing environmental interventions for preventing falls Dr Alison Pighills Seminar room 3 Prescribing exercise to older people Dr Dawn Skelton Seminar 5 Translating research into practice (TRIP) Dr Nicholas Waldron and Associate Professor Jacqueline Close Seminar room 6
4.30pm – 6.30pm	Registration St David Lecture Theatre Complex, University of Otago, corner of St David and Castle Streets
5.00pm – 6.30pm	WELCOME RECEPTION St David Lecture Theatre Complex, University of Otago, corner of St David and Castle Streets

DAY 1	Monday, 22 nd November
From 7.30am	Registration and tea/coffee St David Lecture Theatre Complex, University of Otago, corner of St David and Castle Streets
	Session 1 Plenary St David Lecture Theatre
8.30am	Mihi whakatau – welcome to Otago Mark Brunton Office of Māori Development, University of Otago
8.35am	Housekeeping and welcome Associate Professor Clare Robertson Chair, Organising Committee
8.40am	Official opening Michael Woodhouse MP
8.55am	Welcome from Australian and New Zealand Falls Prevention Society Professor Stephen Lord President, ANZFPS
9.00am – 10.30am	Theme: Building on the evidence Chair: Professor Keith Hill
9.00am	Horse hairs, smoke paper, pulleys, slide rules and museums: the history of falls prevention research 1836-1960 Professor Stephen Lord
9.20am	Modern concepts and models for fall prevention Professor John Campbell
9.40am	Falls prevention strategies for community living older people Associate Professor Clare Robertson
10.00am	Falls prevention strategies in nursing care facilities Professor Ngaire Kerse
10.20am	Falls and fractures in Māori: time for research Professor Ngaire Kerse

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10.30am – 11.00am MORNING TEA

	Session 2A Concurrent	Session 2B Concurrent
11.00am – 12.20pm	Theme: Falls prevention in the community Chair: Associate Professor Lindy Clemson	Theme: Falls prevention in institutions Chair: Professor Ngaire Kerse
	Room: St David Lecture Theatre	Room: Seminar rooms 1 and 2
11.00am – 11.20am	Embedding balance and strength training in daily life activity: a randomised trial Lindy Clemson	Determining the accuracy of falls incident reports in long-term care facilities Fabio Feldman
11.20am – 11.30am	Falls prevention after stroke: results of a randomised controlled trial Frances Batchelor	Reduction of femoral fractures in nursing homes: the Bavarian fracture prevention study Kilian Rapp
11.30am – 11.40am	Mobility enhancement and falls prevention after stroke: the Stroke Club trial Catherine Dean	Investigation into the reduction of serious fall injuries in an acute hospital Jeannette Kamar
11.40am – 11.50am	Factors promoting adherence to home modification recommendations for falls prevention Michelle Currin	Falls in a stroke rehabilitation unit: different falls and different outcomes Carl Hanger
11.50am – 12.00pm	Adherence to home exercise in older people after recent hospital stays Elisabeth Ramsay	Hospital falls prevention – discouragingly minor gains made Carl Hanger
12.00m – 12.10pm	Aqua-aerobics to improve balance in older adults with osteoarthritis and falls risk Leigh Hale	Sustainability of an acute hospital falls prevention programme: 10 year evaluation Willeke Walsh
12.10pm – 12.20pm	Effects of physical activity and training on 40-65 year olds: a meta-analysis Cathie Sherrington	Factors affecting compliance with exercise after hospital discharge: an observational study Anne-Marie Hill

12.20pm – 1.45pm LUNCH & POSTER Session 1

	Session 3A Concurrent	Session 3B Concurrent
1.45pm – 3.15pm	Theme: Risk factors and clinical conditions Chair: Associate Professor Jacqueline Close	Theme: Counting falls and predicting fallers Chair: Associate Professor Clare Robertson
	Room: St David Lecture Theatre	Room: Seminar rooms 1 and 2
1.45pm – 2.05pm	Resistance training and cortical plasticity of the ageing cortex Teresa Liu-Ambrose	Analysing count data from falls prevention studies: implications for meta-analysis Peter Herbison
2.05pm – 2.15pm	Increased cognitive load leads to impaired mobility decisions in senior fallers Lindsay Nagamatsu	A comparison of three reporting methods to measure falls in hospitals Anne-Marie Hill
2.15pm – 2.25pm	Brain matter lesions are associated with fall risk in older people: a prospective study Jacqueline Zheng	Epidemiology and geospatial profile of older fallers attended to by paramedics in NSW Paul Simpson
2.25pm – 2.35pm	Community based falls in people with PD: a prospective study Sandra Brauer	Novel methods to evaluate fracture risk models Meghan Donaldson
2.35pm – 2.45pm	Visual field loss and falls among older adults with glaucoma Alex Black	Incidence and risk for falls among ambulatory persons post-stroke Pamela Duncan
2.45pm – 2.55pm	Development and initial validation of the iconographical falls efficacy scale – Icon-FES Kim Delbaere	A simple tool to predict probability of falling after aged care rehabilitation Cathie Sherrington

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2.55pm – 3.05pm	Physiological risk factors for falls in older people with cognitive impairment Morag Taylor	The clinimetric properties of the DEMMI in healthy community dwelling older adults Sarah Davenport
3.05pm – 3.15pm	Vitamin D insufficiency, physiological and cognitive functioning and falls in older people Jasmine Menant	Predicting falls in long term stroke survivors Catherine Kirkham
3.15pm – 3.45pm	AFTERNOON TEA	
	Session 4 Plenary St David Lecture Theatre	
3.45pm – 5.15pm	Theme: Falls prevention in high risk groups Chair: Professor Stephen Lord	
3.45pm	Falls prevention in frail seniors: a Canadian perspective Professor Karim Khan	
4.15pm	Preventing falls in hospitals: understanding interactions between staff, environment and patients Associate Professor Terry Haines	
4.45pm	Preventing falls in people with dementia – is there any evidence? Associate Professor Jacqueline Close	
5.15pm	Close of Day 1	
7.00pm	CONFERENCE DINNER (optional extra)	
Buses depart 6.30pm	Venue: Larnach Castle ballroom	

DAY 2	Tuesday, 23 rd November	
7.15am – 8.30am	Morning exercise session and breakfast (optional extra)	
	Guided walk (University Campus) Leader: Lesley Gillespie	Tai Chi class Leader: Rod Ferguson, Tai Chi Master, Australian Academy of Tai Chi
	Session 5 Plenary St David Lecture Theatre	
9.00am – 10.30am	Theme: Looking to the future Chair: Dr Shylie Mackintosh	
9.00am	Physical activity and the primary prevention of fall injuries Professor David Buchner	
9.40am	Should we Wii? An overview of the exergame approach to fall risk reduction Dr Stuart Smith	
10.00am	Does podiatry have a role to play in falls prevention? Associate Professor Hylton Menz	
10.30am – 11.00am	MORNING TEA	
	Session 6A Concurrent	Session 6B Concurrent
11.00am – 12.20pm	Theme: Value for money from falls prevention Chair: Associate Professor Terry Haines	Theme: Practical issues in delivering falls prevention programmes Chair: Associate Professor Sandra Brauer
	Room: St David Lecture Theatre	Room: Seminar rooms 1 and 2
11.00am – 11.20am	Economic evaluations: are they really useful for decisions about falls prevention? Paul Scuffham	Web based resource directory: active and healthy Lorraine Lovitt
		The "Challenge": an example of social marketing Jenny Bawden
11.20am – 11.30am	The burden of falls injury among older people in NSW Rebecca Mitchell	From conception to maturity – the metamorphosis of ACC's modified Tai Chi programme Ann Rose
11.30am – 11.40am	Economic evaluation of a dose–response resistance training in older women Jennifer Davis	Developing falls prevention resources for the Aboriginal population in Western Australia Michelle Taylor

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11.40am – 11.50am	A prospective comparison of the SF-6D and EQ-5D in older women Jennifer Davis	Langi Mai: fall prevention for Pacific older adults Filipo Motulalo
11.50am – 12.00pm	Cost-effectiveness of domiciliary and centre based interventions in high risk fallers Tracy Comans	An innovative approach to coordination of falls prevention services in Southern Adelaide Michele Sutherland (for Christina Isaksson)
12.00pm – 12.10pm	How to conduct economic evaluations of falls prevention strategies: recommended guidelines Clare Robertson	Enhancing older persons' independent living in Hunter New England Health, NSW Patsy Bourke
12.10pm – 12.20pm	Discussion and questions	Not another tool – supporting bed setup decisions Prue McRae
12.20pm – 1.30pm	LUNCH & POSTER Session 2	
12.45pm – 1.30pm	Meeting of the Australian and New Zealand Falls Prevention Society Room: Election of Executive Council Members ALL WELCOME	
	Session 7A Concurrent	Session 7B Concurrent
1.30pm – 3.00pm	Theme: Translating research into practice Chair: Dr Nicholas Waldron Room: St David Lecture Theatre	Theme: Understanding balance Chair: Professor Stephen Lord Room: Seminar rooms 1 and 2
1.30pm – 1.50pm	A multifaceted intervention to implement guideline care for emergency department fallers Nicholas Waldron	Balance impairment – an unrecognised contributor to fall risk in anti-epileptic medication users Keith Hill
1.50pm – 2.00pm	Reducing falls among older people in Victoria: better evidence, better targeting, better outcomes Lesley Day	The physiology and biomechanics of protective stepping in young and older adults Daina Sturneiks
2.00pm – 2.10pm	Efficacy of online versus face-to-face delivery of falls prevention education to health professionals Stephen Maloney	Contribution sensorimotor function makes to balance and postural stability in men Jennifer Nitz
2.10pm – 2.20pm	Conditions necessary for achieving program sustainability in falls prevention: a grounded theory Meryl Lovarini	MCH standing ability is an independent predictor of falls in elderly Taiwanese people Marcella Kwan
2.20pm – 2.30pm	The D-fence against falls: vitamin D for fall prevention in residential care Mooch Williams	What can we learn from the Feldenkrais method about balance retraining? Karol Connors
2.30pm – 2.40pm	A falls prevention 'Community of Practice': innovative soft networking for quality improvement Luke Slawomirski	Foot strength and ROM associated with balance and function in older adults Martin Spink
2.40pm – 2.50pm	Reaching our remote health professionals: the role of videoconferencing Esther Vance	The effect of textured foot insoles on standing balance in older fallers Anna Hatton
2.50pm – 3.00pm	Applied Tai Chi – a falls prevention program: translating research into practice Rod Ferguson	OEP group classes + hip abductor exercises: randomised controlled trial Stephanie Woodley
3.00pm – 3.30pm	AFTERNOON TEA	
	Session 8 Plenary	St David Lecture Theatre
3.30pm – 5.15pm	Theme: Expert opinions on falls prevention Chair: Professor John Campbell	
3.30pm	5 year perspective for falls prevention in Australia (Professor Keith Hill), Canada (Dr Liu-Ambrose), New Zealand (Professor Ngaire Kerse), UK (Dr Dawn Skelton) and US (Professor David Buchner)	
4.00pm	Meet the experts: questions and discussion led by Professor Karim Khan	
5.00pm	Invitation to 5th Australian and New Zealand Falls Prevention Society Conference 2012 Close of Conference	