



Bee Nilson Award in Human Nutrition and Food Science

Established in 1998 from funds bequeathed by Annabel Rhoda (Bee) Nilson (nee Powell), to commemorate her outstanding contribution in the fields of human nutrition and food science.

Bee Nilson graduated from the University of Otago in 1931 with the degree of Bachelor of Home Science. She also gained a Diploma in Education from the University of London and was a state registered dietitian. From 1935 Bee Nilson lived and worked in England. Was Head of the Ministry of Foods experimental kitchen in London, with responsibility for advising the public about making maximum use of the restricted food supply to provide nutritionally adequate meals. In the late 1940's Bee Nilson was head of the Dietetic and Science Department, Department of Catering and Domestic Science, at London's Northern Polytechnic, where she was especially interested in the problems of Asian and African women living in Britain. From 1945 she wrote more than a dozen cookery books designed to improve the quality of meals and management in the home. Penguin books Inc. commissioned her to write "The Penguin Cookery Book" in 1952. This book has been reprinted many times and is still highly regarded as a reliable cookery book. The University of Otago Library holds Bee Nilson's complete set of books and publications.

1. The Awards shall be awarded by the University Council on the recommendation of the Pro-Vice-Chancellor (Sciences), after consultation with the Departments concerned to candidates enrolling in either an Honours degree or in the papers of a Master's degree in either Human Nutrition or Food Science or Consumer Food Science.
2. Applications close with Student Administration (Scholarships) on 1 December.
3. The Award shall be paid to the recipients on evidence of enrolment in the course in the following year.
4. The value of the Award shall be the payment of an allowance of \$6,000 for one year.
5. The Award may be given concurrently with other awards.
6. An award will not be made in any year in which there are no candidates of sufficient merit.