

The Union Court Clinic

Department of Human Nutrition

The Union Court Clinic is an inter-disciplinary research facility supporting research studies on health and health-related behaviours.

The Clinic includes

- a metabolic Kitchen
- a well equipped Metabolic Research Clinic
- an Exercise/Sports Nutrition Lab
- and Research Laboratories.

METABOLIC KITCHEN – RESEARCH OR COMMERCIAL HIRE

The kitchen is DCC registered and available for research or commercial hire.

An adjacent dining room is also available upon request.

METABOLIC RESEARCH CLINIC

The Clinic helps with clinical aspects of data collection with human research participants. Research nurses and trained support staff implement clinical research protocols while ensuring participant safety.

Services can include:

- budget preparation for research projects
- help recruitment of study volunteers
- Designing study-specific diets
- Monitoring the safety and well-being of participants
- Ensuring ethical board compliance
- Carrying out clinical procedures
- Class bloods for teaching.

RESEARCH LABORATORIES

The research laboratory provides in-house clinical and specialised biochemical analyses for human tissue and foods. We also have an accredited Trace Element Research Laboratory to determine trace metals in biological fluids.

See the website for more details of the services available otago.ac.nz/humannutrition/consultancy/index.html

For fees and availability please contact the Research Nurse union.court@otago.ac.nz

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