

Host institution: Stockholm School of Economics

Year and Otago semester I went on exchange: 2nd Semester of 2011

Degree programmes while on exchange: Economics of Organisation, Consumer Marketing, Management Consulting, and Growth - Managing a firm

Major: Economics

Minor: Management

Stockholm School of Economics (SSE) is a reputable university that is worth considering to go for an exchange. Comparable to University of Otago, major international companies eagerly recruit graduates from SSE. The selection of programmes provided for by SSE is relatively compatible with the programmes required by University of Otago; this will ease your selection of programmes process. Bear in mind that the Fall semester of SSE is the first part of their university year, thus basic programmes are mostly conducted during the Fall semester.



Stockholm is a beautiful city, one that you will easily fall in love with. Appreciate the lively mood of their people during the summer or experience the charm of winter by travelling to the northern part of Sweden. Getting around is convenient with their vast network of metro and bus service. I advise you to get the 90-day student public transport card as soon as possible if you stay in Lappis or Liljeholmen because it will save you considerable money. The costs of living is relatively high in Sweden but is manageable if you know where to purchase your daily necessities; take the time to read the information given to you before you go for an exchange. I recommend the Ikea to get you started in making Stockholm your home.

The Swedish are reputed to be reserved people, but it is not entirely true as I have met many Swedish whom are friendly and welcoming. If you still think that they are "cold" towards you, try to put in the effort to "warm" up to them; they will respond in kind. Keep an open mind and enjoy the interactions with the Swedish without any preconceptions.