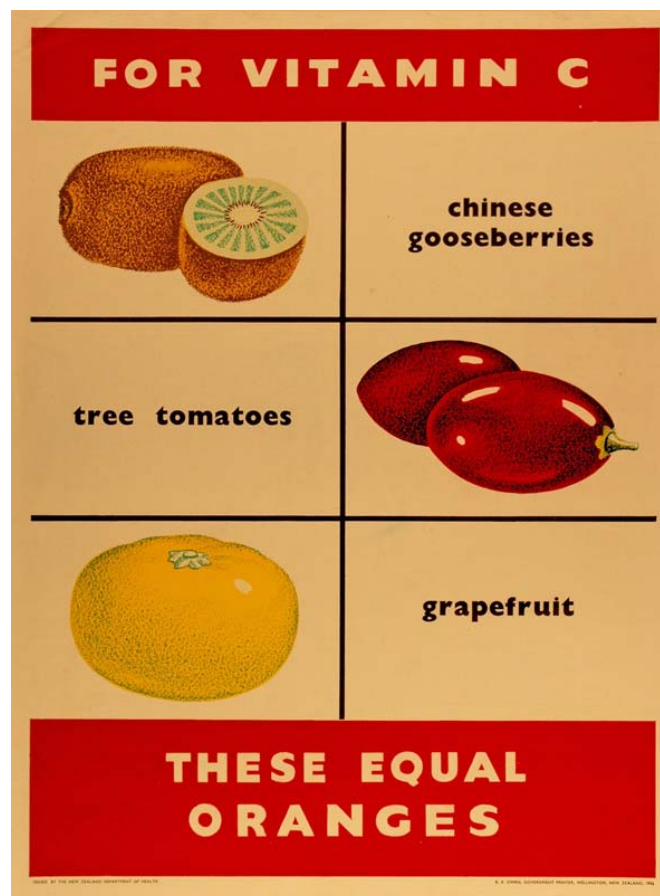


# Reference Guide

## Food and Cookery Sources at the Hocken Collections



*New Zealand Health Department Poster, 1956. CD3 010, Pictorial Collections.*

# Nau Mai Haere Mai ki Te Uare Taoka o Hākena:

## Welcome to the Hocken Collections

He mihi nui tēnei ki a koutou

kā uri o kā hau e whā arā, kā mātāwaka o te motu, o te ao whānui hoki.

Nau mai, haere mai ki te taumata.

### As you arrive

We seek to preserve all the taoka we hold for future generations. So that all taoka are properly protected, we ask that you:

- place your bags (including computer bags and sleeves) in the lockers provided
- leave all food and drink including water bottles in the lockers (we have a researcher lounge off the foyer which everyone is welcome to use)
- bring any materials you need for research and some ID in with you
- sign the Readers' Register each day
- enquire at the reference desk first if you wish to take digital photographs

### Beginning your research

This guide gives examples of the types of material relating to New Zealand food and cookery held at the Hocken. All items must be used within the library. As the collection is large and constantly growing not every item is listed here, but you can search for other material on our Online Public Access Catalogues:

- for books, theses, journals, magazines, newspapers, maps, and audiovisual material, use Library Search|Ketu. The advanced search - <https://goo.gl/HVNTqH> gives you several search options, and you can refine your results to the Hocken Library on the left side of the screen.

The Library Search Guide <https://otago.libguides.com/ketuhelp> contains helpful tips and assistance for using Library Search|Ketu;

- for pictures, photographs and archives and manuscripts, use Hākena - <https://hakena.otago.ac.nz>. Listing of the ephemera collection has just begun on Hākena; please talk to desk staff if you have any questions about this collection.

The Hākena Search Help Guide <https://otago.libguides.com/hakena> contains helpful tips and assistance for using Hākena;

- some of the photographs from the Pictorial Collections are available for viewing online via Hocken Snapshot at <https://hocken.recollect.co.nz/>. Some other photographs and artworks can be viewed at <http://otago.ourheritage.ac.nz/>.

If you have any enquiries about ordering or other research questions please ask the reference desk staff – they will be happy to assist you.

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# Publications

## General food histories

Books on New Zealand food history are generally catalogued under the subject headings:

- *Cookery – New Zealand – History*
- *Food habits – New Zealand – History*

Some of the most useful general studies are:

Ray Bailey and Mary Earle (1993). *Home cooking to takeaways: Changes in food consumption in New Zealand during 1880-1990*. Palmerston North: Department of Food Technology, Massey University.

David Burton (c2009). *David Burton's New Zealand food and cookery*. Auckland, N.Z.: David Bateman.

Helen M. Leach (2010). *From kai to Kiwi kitchen: New Zealand culinary traditions and cookbooks*. Dunedin, N.Z.: Otago University Press.

Tony Simpson (2008). *A distant feast: The origins of New Zealand's cuisine*. Auckland: Godwit.

David Veart (2008). *First catch your weka: A story of New Zealand cooking*. Auckland: Auckland University Press.

## Recipe books

We have well over a thousand New Zealand recipe books in our publications collection. They date from the 1880s through to the current day, and range from community cookbooks to publications by food producers and professional cooks. Try searching Library Search|Ketu using the subject headings *Cookery* or *Cookery – New Zealand*. You can refine your search by date to find recipe books from a particular period. Many of our recipe books appear on the catalogue under these two subject headings, but some books have more specialised subject headings, for example:

- *Baking*
- *Barbecue cookery*
- *Breakfasts*
- *Cake*
- *Canning and preserving*

- *Cookery (Bread)*
- *Cookery (Curry)*
- *Cookery (Lamb and mutton)*
- *Cookery – New Zealand – Dunedin [or other specific location]*
- *Cookery, Maori*
- *Cookery, Pacific Island*
- *Cookery (Vegetables)*
- *Desserts*
- *Electric cookery*
- *Gas cookery*
- *Low budget cookery*
- *Lunchbox cookery*
- *Microwave cookery*
- *Outdoor cookery*
- *Quick and easy cookery*
- *Salads*
- *Sauces*
- *Snack foods*
- *Soups*
- *Vegan cookery*
- *Vegetarian cookery*

For a study of recipes in the Hocken Collections, see:

Helen Leach (2008). *Culinary treasures of the Hocken Collections*. Dunedin: Hocken Collections, University of Otago.

We have a sound recording of two radio programmes (dated 1956 and 1963) by Aunt Daisy, the famous broadcaster and cookery writer:

Aunt Daisy (2008). *Good morning everybody*. Wellington: Replay Radio, Radio New Zealand.

## **Nutrition and dietetics**

For publications in our collection on nutrition and related topics, try the following subject headings (and their sub-headings) on Library Search|Ketu:

- *Diet*
- *Dietetics*
- *Food habits*
- *Nutrition*

## **Food production, trade and technology**

We have a wide range of publications on food production and technology in New Zealand. Try searching Library Search|Ketu for the particular area which interests you. Some of the major subject headings in this field are listed below (most have several sub-headings, including specific entries for New Zealand):

- *Agricultural industries*
- *Agriculture*
- *Beverage industry*
- *Bread industry*
- *Dairy products industry*
- *Farm produce*
- *Fisheries*
- *Fish trade*
- *Flour industry*
- *Food industry and trade*
- *Frozen foods industry*
- *Fruit-culture*
- *Fruit trade*
- *Grain trade*
- *Meat industry and trade*
- *Natural foods industry*
- *Poultry industry*
- *Vegetable gardening*
- *Vegetable trade*

There are also more specialised subject headings. For example, as well as the broader heading for *Dairy products industry* there are subject headings for *Butter trade*, *Cheese industry*, and *Milk trade*; in addition to the *Meat industry and trade* heading are the subjects *Beef*

*industry, Frozen meat, Lamb meat industry, Mutton industry, Pork industry and trade, Slaughtering and slaughter-houses, and Venison industry.*

## **Restaurants and cafes**

We have a few publications on restaurants, cafes and bars in New Zealand. Try searching the following subject headings (and their sub-headings) on Library Search | Ketu:

- *Bars (Drinking establishments)*
- *Coffeeshouses*
- *Coffee shops*
- *Hospitality industry*
- *Restaurants*
- *Restaurant management*

There are few publications on the history of restaurants and cafes in New Zealand. Street directories, magazines and newspapers are possible primary sources. Useful studies in our collection include:

Perrin Rowland (2010). *Dining out: a history of the restaurant in New Zealand*. Auckland, N.Z.: Auckland University Press.

Edwin West (2000). *From pea, pie and pud to nouvelle cuisine: The history of eating out in Dunedin, 1935-1980*. Unpublished BA (Hons) dissertation, University of Otago, Dunedin.

There are local restaurant menus in our ephemera collection (see the notes on the ephemera collection below).

## **Cooks and chefs**

We hold publications about New Zealand cooks, chefs and food writers. Try searching the following subject headings, or the name of the person you are interested in, on Library Search | Ketu:

- *Cooks -- New Zealand – Biography*
- *Food writers -- New Zealand – Biography*

Use the database Index New Zealand <https://goo.gl/pPJ8da> to locate articles in New Zealand journals and newspapers on particular individuals – try a search using the name of



the person you are interested in. This database is not full text so you need to check Library Search|Ketu for holdings of the relevant publication and then order it to view the article.

## Magazines and journals

We have a large collection of New Zealand magazines, journals and newspapers. For publications relating specifically to food and cookery, try the following subject headings on Library Search|Ketu:

- *Cookery – periodicals*
- *Cookery – New Zealand – periodicals*
- *Food – periodicals*
- *Nutrition – New Zealand – periodicals*
- *Nutrition – periodicals*

There are also periodicals in more specialist fields, for example:

- *Food service management – New Zealand – periodicals*
- *Natural foods – New Zealand – periodicals*
- *Pork industry and trade – New Zealand – periodicals*

General magazines – particularly women’s magazines – are also a good source of information on the history of food and cookery in New Zealand. We have extensive holdings of the *New Zealand Woman’s Weekly* from 1933 onwards, but there are many others, including the magazines and newsletters of organisations such as the Country Women’s Institute (*Home and Country*). Try searching Library Search|Ketu using the subject headings:

- *Women – New Zealand – periodicals*
- *Women’s periodicals, New Zealand*

Readers contributed recipes to many different newspapers and magazines. You need to think broadly when searching for the history of particular foods and recipes – Helen Leach located the earliest known recipe for pavlova cake in the *N.Z. Dairy Exporter Annual* of 1929.

## Ephemera and Posters

The Hocken’s ephemera collection includes various items relating to food, such as restaurant and special dinner menus, advertising brochures from food manufacturers, supermarket flyers and food packaging.

We have a large collection of health and safety posters, including many Health Department posters from the 1950s. These include material relating to nutrition and food safety.

Listing of the ephemera collection has just begun on Hākena; please ask the reference desk staff for assistance.

## Archives and Manuscripts

We have numerous items relating to food and cookery in our archives and manuscripts collection. For a general guide to relevant holdings, try searching Hākena, the pictures, photographs, archives and manuscripts catalogue, using the following subject headings:

- *Cookery*
- *Food*
- *Nutrition*
- *Recipes*

Some particular collections of interest are noted below. We also have records of many women's organisations which may include material relating to food and cookery (see our separate Gender Studies guide for information about women's organisation archives <https://www.otago.ac.nz/library/hocken/otago038951.html>).

### Recipes

Our archives collection includes a number of recipe books – some are handwritten, some are annotated published books, and others are collections of clippings. Some books come from school cookery/domestic science classes. Try searching Hākena under the subject heading *Recipes* or the record type *Recipe books*.

The papers of best-selling cookery writer Bee Nilson (1908-1994) (ARC-0569) include various versions of her recipe books, some of them heavily annotated. Also of interest in this collection are Nilson's autobiographical notes and her research paper on New Zealand food history.

### Nutrition and dietetics

We have large collections of papers concerning two important nutrition researchers, John Malcolm (1873-1954) (ARC-0527 and ARC-0187/30) and Muriel Bell (1898-1974) (ARC-0449) Malcolm and Bell both carried out extensive research on the nutritional values of New

Zealand foods. Their collections include both personal and professional papers, with extensive material relating to various research projects. We have smaller collections of papers concerning Elizabeth Gregory (1901-1983) (83-173), nutrition lecturer at the University of Otago School of Home Science and later Professor of Home Science. For material relating to the Nutrition Committee of the Medical Research Council of New Zealand, see ARC-0187/65. We have a small collection of papers of the New Zealand Dietetic Association, relating to Muriel Bell and Elizabeth Gregory (96-122), and some archives of the Life in New Zealand nutrition survey (99-218).

The Plunket Society has been hugely influential in infant nutrition in New Zealand since 1907. We have a large collection of national archives of the society (ARC-0004), along with records of numerous branches.

The papers of the Preston family (ARC-0435), Otago farmers, include fascinating material relating to the Fat for Britain campaign, which sent animal fats to Britain during a period of shortage in the wake of World War II. The papers include numerous thank-you letters from recipients of fat, along with other related material.

## **Domestic education and the School of Home Science**

We have a large collection of archives of the University of Otago's School of Home Science (later Consumer and Applied Sciences). There are numerous administrative records of the School, along with some historic teaching resources (including a collection of lantern slides). We also hold papers of some professors and lecturers of the school – Avice Bowbyes (ARC-0335), Patricia Coleman (MS-2609) and Elizabeth Gregory (83-173) – and of the Association of the Home Science Alumnae of New Zealand (ARC-0761). Further material relating to the School of Home Science can be found in our holdings of general administrative records of the University of Otago (ARC-0018).

We have archives of the Home Economics Teachers Association of New Zealand (ARC-0018), established in the 1980s (later the Home Economics and Technology Teachers Association of New Zealand). We also have a few examples of school home economics/cookery exercise books: see the papers of Moira McBride and Mary Wallace (MS-3110), and of the Atherley family (MS-2861).

## Food production, trade and technology

We hold archives of a wide variety of firms involved in food production and manufacturing. Details of some of these are outlined in the Friends of the Hocken Bulletin of May 2006 – Manufacturing (part 2) – while the November 1998 Bulletin – La Crème de la Crème – gives details of sources relating to the dairy industry. The Friends Bulletins are available in PDF on the Hocken website at <https://www.otago.ac.nz/library/hocken/otago038951.html>.

We have archives (sometimes extensive and sometimes not) for the following food-related enterprises:

- Cadbury Schweppes Hudson Ltd/Cadbury Confectionery Ltd
- Central Otago Bottling Co. Ltd
- Clarks Milling Company
- Crown Milling Company Limited
- Goodwood Co-operative Dairy Factory Co. Ltd
- Harbour Cone Cheese Company
- T.J. Harrison [butcher]
- Irvine & Stevenson's St George Co. Ltd [jam and canning]
- J.G. Laurenson & Son Ltd [bakery]
- Mackintosh Caley Phoenix Ltd [biscuits and confectionery]
- New Zealand Sugar of Milk and Casein Co. Ltd
- Otago Co-operative Dairy Company Ltd
- Otago Peninsula Cheese Factory Co. Ltd
- Pukerau Dairy Factory Company
- South Otago Milk Board
- Taieri and Peninsula Milk Supply Co. Ltd
- Thomson and Company [cordials and aerated waters]
- Tip Top Icecream Co. Ltd

We also hold archives of some employer organisations involved in food production and sales. Try searching Hākena under the subject heading *Employer associations*. Our current holdings are:

- New Zealand Biscuit and Confectionery Manufacturers' Industrial Union of Employers
- Otago and Southland Bacon Curers' Industrial Union of Employers

- Otago and Southland Bread Manufacturers' Association
- Otago Master Bakers' Industrial Union of Employers
- Otago Master Grocers' Association
- Otago Retail Fishmongers' Association
- Otago Retail Grocers & Supermarkets Association

Please note that access to the records of some firms and organisations is restricted – details of any restrictions are shown on Hākena.

## Restaurants and cafes

We have few archives relating to restaurants and cafes. There are some financial records of the Savoy de Luxe Restaurant, Dunedin included in Coopers and Lybrand records (MS-3097), and some papers concerning the establishment of the Loaves and Fishes Restaurant, Macandrew Bay (AG-951). There are some financial records and photographs of the Hasty Tasty Café (84-204), which operated in Rattray Street in the 1950s (permission is needed for access to this collection). Some collections of family and personal papers include menus of restaurants and special dinners – try a search on Hākena for *menus*.

## Websites

The **New Zealand Food History Society** is a community of academic and amateur food historians and aristologists, passionately interested in the culinary history of New Zealand. This site includes information regarding the annual Symposia, the Journal (Aristologist), and a detailed listing of all cookery books, known to have been published in New Zealand up to 1922: <http://www.aristologist.com/>

The Ministry of Culture and Heritage's "**New Zealand History online**" website has various articles of interest. For example, under the "Culture and Society" section, see "Lifestyle" for articles about "Food in the 20<sup>th</sup> Century" and "Wellington Café Culture": <https://nzhistory.govt.nz/>

**Te Ara The Encyclopedia of New Zealand** includes a section on Food and Drink: <https://teara.govt.nz/en/food-and-drink>



***Packing sheep's tongues at Irvine and Stevenson St George Co. Ltd, 1942. S06-194b, Pictorial Collections.***

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For hours, please check our website:  
<https://www.otago.ac.nz/library/hocken/>