Parasites as biological tags of fish stocks: a meta-analysis of their discriminatory power

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SUMMARY

The use of parasites as biological tags to discriminate among marine fish stocks has become a widely accepted method in fisheries management. Here, we first link this approach to its unstated ecological foundation, the decay in the similarity of the species composition of assemblages as a function of increasing distance between them, a phenomenon almost universal in nature. We explain how distance decay of similarity can influence the use of parasites as biological tags. Then, we perform a meta-analysis of 61 uses of parasites as tags of marine fish populations in multivariate discriminant analyses, obtained from 29 articles. Our main finding is that across all studies, the observed overall probability of correct classification of fish based on parasite data was about 71%. This corresponds to a two-fold improvement over the rate of correct classification expected by chance alone, and the average effect size (Zr = 0.463) computed from the original values was also indicative of a medium-to-large effect. However, none of the moderator variables included in the meta-analysis had a significant effect on the proportion of correct classification; these moderators included the total number of fish sampled, the number of parasite species used in the discriminant analysis, the number of localities from which fish were sampled, the minimum and maximum distance between any pair of sampling localities, etc. Therefore, there are no clear-cut situations in which the use of parasites as tags is more useful than others. Finally, we provide recommendations for the future usage of parasites as tags for stock discrimination, to ensure that future applications of the method achieve statistical rigour and a high discriminatory power.

Key words: biological tags, fisheries, stock discrimination, distance decay of similarity, meta-analysis, multivariate discriminant analysis.

INTRODUCTION

Discriminating between distinct populations of the same species of commercially-exploited fish is essential not only to work out their dynamics and manage their long-term sustainability, but also to identify violations of fishing rights (Hilborn and Walters, 1992; Evans and Grainger, 2002). Among other natural methods to discriminate between fish stocks, such as meristic analyses and genetic studies, the use of parasites as biological tags has gained wide acceptance in recent decades (Williams et al. 1992; MacKenzie, 2002). The rationale underlying the use of parasites as tags is that fish harbouring a given parasite species come from (or at least have spent some time in) geographical areas where this parasite is endemic. The more parasite species with different endemic areas are considered simultaneously, the more information can be obtained about the area of origin or past movements of fish hosts (MacKenzie and Abaunza, 1998).

Although now in wide usage in fisheries science, fish stock discrimination based on parasite infections

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is yet to come under close scrutiny in terms of its power and limitations. From an ecological perspective, and as explicitly acknowledged before (Timi et al. 2010; Vales et al. 2011; Braicovich et al. 2012), the reliability of parasites as biological tags is underpinned by the almost universal decay in the similarity of the species composition of assemblages as a function of increasing distance between them (Nekola and White, 1999). Although this pattern is seen across all taxa and biomes, its strength is known to be influenced by a range of factors (Soininen et al. 2007). Similarly, the usefulness of parasites as tags for stock discrimination is unlikely to be the same in all situations. Also, from a quantitative perspective, there has been no global synthesis of the discriminatory power of parasites to identify correctly which stocks individual fish come from. In other areas of applied or fundamental parasite ecology, comparative analyses and meta-analysis have been extremely useful by providing quantitative assessments of interspecific patterns and effect sizes, e.g. the overall strength of well-researched relationships between two variables (Morand and Poulin, 2003; Poulin and Forbes, 2012). We currently lack an overall assessment of the discriminatory power of parasites as biological tags for fish stocks, and of what factors can significantly influence this power.



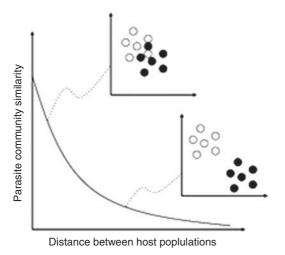


Fig. 1. Graphical representation of the exponential decay in parasite community similarity as a function of distance. Each point on the curve represents the pairwise similarity in species composition (based either on presence—absence data or on abundance data) between two parasite communities for a given geographical distance between them. The two smaller insets illustrate the expected outcomes of any type of discriminant analysis between fish from two populations that are either relatively close or distant to each other. The axes represent the main discriminant functions based on parasite community composition, and the symbols represent individual fish from the two populations.

Here, we address these general issues to offer an overview of the usefulness of parasites as tags for fish stock discrimination. First, we review the ecological basis for the use of parasites as reliable tags of fish populations. Our aim is to identify factors that should a priori influence how useful parasites can be and situations in which they should work best. Second, we conduct a systematic quantitative analysis of published studies using parasites as tags for the discrimination of marine fish populations. This was done by using a meta-analytical approach within a taxonomic framework, to account for the nonindependence of different fish species based on their various levels of phylogenetic relatedness. This allowed us to determine if there are situations in which parasites are more useful, and which of the candidate factors identified in the first part of the article affect the discriminatory power of parasites. Our overall goal is to carry out a rigorous test of the usefulness of parasites as tags for fish stock discrimination and identify circumstances, if any, where their use is particularly recommended.

ECOLOGICAL BASIS OF PARASITES AS POPULATION TAGS

On any level, the similarity between two localities decreases with increasing distance between them. Thus, in both terrestrial and marine systems, the abiotic characteristics of a locality and the

composition of its biota are generally very similar to those of nearby localities within a radius of a few kilometres, but very different from those that are hundreds or thousands of kilometres away. This obvious pattern is the foundation for the large-scale species turnover that accounts for the geographical distribution of living organisms (Nekola and White, 1999; Morlon et al. 2008). In quantitative terms, a decrease of similarity with distance corresponds to a decrease in the proportion of species shared by two communities as a function of the geographical distance between them (Fig. 1). The shape of this relationship is almost always exponential (or linear in log-space), such that the decrease in similarity is very steep initially but at greater distances similarity between two communities is almost invariably low.

There are no reasons to expect different patterns in parasite communities than those seen in free-living organisms. Most parasite species generally occur only in some populations of their host species. Also, among host populations where they do occur, their abundance can vary widely, especially if the host populations are distant from each other (Poulin, 2006). Pairwise distance between host populations is often the best predictor of the similarity between their parasite communities (Poulin and Morand, 1999). Therefore, not surprisingly, an exponential decay in similarity has been documented for the parasite communities of various host species, with this pattern being the general rule (Poulin, 2003, 2007; Krasnov et al. 2005; Poulin and Krasnov, 2010). The decay in similarity of parasite communities also applies to marine fish species, in spite of the open nature of oceanic environments (Oliva and González, 2005; Pérez-del-Olmo et al. 2009; Thieltges et al. 2010; Timi et al. 2010; Poulin et al. 2011). In the context of parasites as biological tags of fish stocks, the exponential decay pattern characteristic of parasite communities suggests that in a discriminant analysis (see Fig. 1), the power of parasites to distinguish accurately among fish from different populations would improve with increasing distances between those populations.

Several mechanisms can produce a decrease of the similarity in species composition between two communities with an increase of the distance between them. These fall into three general classes of mechanisms that are not mutually exclusive (Soininen et al. 2007). First, community similarity may decrease with distance simply because the similarity of climatic and physicochemical variables also decreases with distance (e.g. Steinitz et al. 2006). Different species have different ranges of abiotic factors that they can tolerate. The free-living infective stages of helminth parasites of fish, for instance, can only survive within narrow and speciesspecific ranges of environmental conditions such as water temperature or salinity (Pietrock and Marcogliese, 2003). This can lead to a gradual turnover of species in geographical space, with the species occurring in different localities reflecting the spatially changing local conditions. Importantly, because of the shape of the exponential decay curve (Fig. 1), similarity between two communities is more sensitive to the distance between them on smaller spatial scales, suggesting that there may be a minimum pairwise distance between localities below which fish parasites would be useless as biological tags of host populations.

Second, the physical nature of the environment can either facilitate or impede the dispersal of organisms among localities. Assuming that different parasite species have similar rates of dispersal, we would expect that similarity of parasite communities would decrease at a low and even rate in oceanic environments presenting no major physical barriers to dispersal. In contrast, community similarity should decrease more abruptly and rapidly in fragmented landscapes with major physical discontinuities, such as freshwater habitats where lakes and rivers are separated by land (Poulin and Krasnov, 2010). Thus, on small spatial scales, the dispersal of fish parasites, and therefore the homogenization of parasite communities over space, should be more likely in marine fish species, where populations are potentially connected. This again argues against the usefulness of parasites as tags on small spatial scales.

Third, even in environments with no barriers to dispersal, community similarity would also decrease with distance because of the limited dispersal of parasites, whether through their own power or via host movements. Different species have different dispersal capabilities. The free-living infective stages of parasites generally have extremely limited mobility, and on a geographical scale, their direct dispersal abilities are irrelevant. It is the indirect dispersal of parasites via host movements that vary greatly among species. For instance, parasite species using fish as intermediate hosts and birds as definitive hosts should achieve more extensive dispersal than those using the same fish as their final hosts. Parasites with simple (one-host) life-cycles, such as copepods or monogeneans parasitic on fish, have no dispersal route beyond that provided by their host's movements. We might thus expect different rates of decrease in community similarity with increasing distance for different subsets of parasite assemblages, depending on their life-cycle characteristics (see Karvonen and Valtonen, 2004; Fellis and Esch, 2005; Thieltges et al. 2009). Parasite taxa with limited dispersal potential and therefore greater endemicity would appear to be better candidates as tags for fish stocks, because similarity in their assemblages should decay rapidly as a function of distance. Interestingly, MacKenzie and Abaunza (1998) also recommend parasites with simple life-cycles, such as monogeneans or copepods, as ideal tags for fish populations, but for completely different reasons. However, it has been pointed out that monogeneans and copepods may be of limited value as biological tags, because they are generally short-lived and show marked temporal variation in abundance (Mosquera et al. 2003; Lester and MacKenzie, 2009), traits that may offset their limited dispersal. MacKenzie and Abaunza (1998) also point out that the parasites most widely used as tags are larval anisakid nematodes. Not only is the identification of these larval nematodes to the species level a real challenge (Mattiucci and Nascetti, 2008), they also use highlymobile marine mammals as their definitive hosts, which a priori should improve their dispersal and limit their usefulness as discriminating tags. Nevertheless, larval anisakids still appear to be reliable tags in many studies.

The three general processes described above (species turnover along environmental gradients, dispersal constraints imposed by the environment, and species differences in dispersal) probably always combine to various degrees to generate observed patterns of distance decay in similarity. Soininen et al. (2007) have conducted a meta-analysis of the results of available studies on distance decay relationships (the vast majority on free-living organisms, mostly vascular plants in terrestrial systems), in order to identify key properties of organisms or environments associated with the rates of decrease of similarity with distance. They found that the observed rate of decay depends on the spatial scale of the study, the geographical area in which a study is performed, and the dispersal abilities of the organisms studied, although there were interactions among these factors and the resulting trends were complex. Nevertheless, these findings imply that using differences in community composition to distinguish between localities (or differences in parasite assemblages to distinguish between fish stocks) will not be equally effective under all circumstances.

Based on the universal decay in community similarity with increasing distance underpinning most biogeographical patterns, and the ecological processes summarized above and known to shape this decay, we can make two predictions about the usefulness of parasites as biological tags of marine fish populations. First, the type of parasites considered as tags should matter: studies including parasite taxa with simple one-host life-cycles (and limited dispersal) should yield more reliable results than those using solely helminths with complex lifecycles. Second, the spatial scale of a study should also matter: the greater the distance among fish populations, the more reliably parasites can be used to discriminate among those populations. In the following section, we address these predictions by performing a systematic, quantitative review of the literature on parasites as biological tags of fish stocks. Using a meta-analytical approach, we test the above two predictions as well as the influence of other

potentially confounding variables, to assess the overall usefulness of parasites as tags, and identify the situations (if any) where they work best.

META-ANALYSIS OF STUDIES OF PARASITES AS TAGS

Methods: Data compilation

A dataset was compiled from published studies reporting results of multivariate discriminant analyses for the geographical separation of marine fish stocks using parasite communities as biological tags. The keywords 'parasit* AND stock* AND (tag* OR indicator* OR geographical variation* OR identification* OR segregation*)' were used for searches on ISI Web of Science in May 2013, which yielded 353 results. Articles were individually assessed for relevance to the present meta-analysis, firstly by their title and then by the content of their abstract. To be included, a study needed to have used multivariate discriminant analysis and to report the proportion of fish that could be correctly assigned to their original group based on parasite data. Articles on parasite tags of non-fish species that also used multivariate discriminant analysis were excluded as they were rare exceptions (e.g. Balbuena and Raga, 1994; Oliva and Sánchez, 2005). In the end, 29 studies on marine fish were retained. However, many of those studies provided more than one entry in the dataset, because either they examined more than one fish species, reported separate analyses on different subsets of parasites for the same fish species, or performed separate analyses before and after pooling fish from different localities. Therefore, the dataset included 61 effect sizes (see below).

In a multivariate discriminant analysis, the observed proportion of correct classification should be assessed in light of the probability of correct classification expected by chance alone. This issue has long been recognized in the ecological literature (Titus et al. 1984), but the probability of correct classification due to chance is rarely reported in studies of parasites as biological tags (only 10 out of 29 articles included in the present study). For our meta-analysis, the expected proportion of correct classification was therefore calculated using the proportional chance criterion, which is a simple method for accounting for differences in sample sizes between the groups being compared (see Tabachnick and Fidell, 2001, p. 489). Specifically, the expected proportion of correct classification by chance alone was computed as:

$$\frac{\sum_{i=1}^{G} n_i^2 / N}{N}$$

where n_i is the number of fish in group i, G is the number of fish groups corresponding to different sampling localities, and N is the total number of fish

sampled. For each study, the overall proportion (across all localities) of correct classification (i.e. the proportion of all fish correctly assigned to their group of origin based on parasite data) was then compared against the expected proportion using the effect size calculator for proportional data provided by Lipsey and Wilson (2001). This computed a standard effect size r, i.e. a correlation coefficient, which in this case indicates how effective the observed classification is compared to random chance alone. The higher the value of r, the more accurate the classification of fish into their groups based on parasite data compared to the expected proportion of correctly assigned fish based on chance alone.

For each study, additional information was recorded on several other variables that were treated as moderators in the meta-regression analyses described below (which are equivalent to predictors in a multiple regression framework). These included the following seven variables: (1) the total number of fish sampled; (2) the number of parasite species used in the discriminant analysis; (3) the type of parasites involved, i.e. either endoparasites only or endoand/or ectoparasites; (4) the number of localities from which fish were sampled; (5) the minimum distance between any pair of sampling localities; (6) the maximum distance between any pair of sampling localities; and (7) whether or not crossvalidation was used for classification, which corresponds to classifying each fish by the functions derived from all fish other than that fish.

Meta-analytic procedures

Meta-analyses along with associated statistical analyses were carried out in R 2.15.1 (R Development Core Team, 2012). We used the MCMCglmm package (Hadfield, 2010) to account for correlated structures arising from study identity (Nakagawa and Santos, 2012); that is, we included study identity as a random effect in meta-analytic models because some studies contributed multiple effect sizes that may not always be independent of each other. Since higher-order taxonomy and phylogeny of fish, especially of Perciformes, are poorly resolved (Li et al. 2009), conducting a more robust phylogenetic meta-analysis proved difficult. Therefore, a random effect which contained fish species nested within fish family was included in the analysis in order to control for and assess the influence of taxonomic relationships between the fish taxa included. The raw correlation coefficients were transformed to Fisher's z-transformed correlation coefficients, Zr, and their sampling variances based on the number of fish sampled were computed using equations provided by Nakagawa and Cuthill (2007), thereby weighting for differences in sample sizes among studies. A measure of heterogeneity, I^2 (i.e. the degree of inconsistency among effect sizes)

Table 1. Summary of the dataset used in the meta-analysis. The proportion of correct classification is the observed one based on discriminant analysis using parasite data, with the correct classification expected by chance alone also shown

Family	Species	Proportion correct (by chance)	r	No. fish	No. parasite species	No. localities	Minimum – Maximum distance (km)	Reference
Atherinopsidae	Odontesthes smitti	0·5575a (0·335)	0.245	174	15 ^b	3	65–814	Carballo et al. (2012)
Carangidae	Trachurus lathami	$0.755^{a} (0.397)$	0.391	273	27 ^b	3	136–2281	Braicovich et al. (2012)
Citharidae	Citharus linguatula	0.551 (0.333)	0.241	160	7 ^b	3	64–457	Marques et al. (2006)
Eleginopidae	Eleginops maclovinus	0.975 (0.500)	0.71	40	24 ^b	2	71–71	Brickle and MacKenzie (2007)
Eleginopidae	Eleginops maclovinus	0.897 (0.373)	0.595	192	7 ^b	3	29–211	Henriquez et al. (2011)
Eleginopidae	Eleginops maclovinus	0.851 (0.373)	0.529	192	4 ^b	3	29-211	Henriquez et al. (2011)
Eleginopidae	Eleginops maclovinus	0.727 (0.373)	0.382	192	4	3	29–211	Henriquez et al. (2011)
Eleginopidae	Eleginops maclovinus	0.527 (0.373)	0.17	192	2	3	29–211	Henriquez et al. (2011)
Gadidae	Gadus morhua	$0.74^{a} (0.500)$	0.277	221	4	2	88–261	McClelland and Melendy (2011
Gadidae	Gadus morhua	$0.57^{a} (0.500)$	0.077	249	4 ^b	2	98–175	McClelland and Melendy (2011
Gadidae	Gadus morhua	$0.52^{a} (0.251)$	0.308	249	4	4	88-492	McClelland and Melendy (2011
Gadidae	Micromesistius australis	$0.879^{a} (0.504)$	0.476	90	5	2	1105-1105	Niklitschek et al. (2010)
Gadidae	Micromesistius australis	$1^{a,c} (0.504)$	0.709	90	$17^{\rm b}$	2	1105-1105	Niklitschek et al. (2010)
Hemiramphidae	Hyporhamphus melanochir	0.496 (0.111)	0.494	274	14 ^b	9	22-302	Hutson et al. (2011)
Hemiramphidae	Hyporhamphus melanochir	0.383 (0.111)	0.404	274	4 ^b	9	22-302	Hutson et al. (2011)
Macrouridae	Nezumia pulchella	0.72 (0.255)	0.486	217	18 ^b	4	188-858	Salinas <i>et al.</i> (2008)
Macrouridae	Nezumia pulchella	0.79(0.397)	0.433	217	$18^{\rm b}$	3	188-858	Salinas et al. (2008)
Merlucciidae	Merluccius gayi	0.582 (0.203)	0.424	922	18 ^b	5	375-3302	Oliva and Ballon (2002)
/Ierlucciidae	Merluccius gayi	0.843 (0.483)	0.434	922	18 ^b	3	529-3302	Oliva and Ballon (2002)
// Merlucciidae	Merluccius hubbsi	0.7645 (0.261)	0.521	344	26 ^b	4	246-1544	Sardella and Timi (2004)
Aullidae	Mullus surmuletus	0.803 (0.333)	0.501	300	17 ^b	3	193-425	Ferrer-Castello et al. (2007)
Nototheniidae	Dissostichus eleginoides	0.55 (0.510)	0.044	629	9	2	707-1517	Oliva et al. (2008)
Percophidae	Percophis brasiliensis	0.8644 (0.266)	0.62	177	9	4	132-1207	Braicovich and Timi (2008)
Percophidae	Percophis brasiliensis	0.9322 (0.398)	0.641	177	9	3	245-1207	Braicovich and Timi (2008)
Phycidae	Urophycis tenuis	$0.78^{a} (0.520)$	0.31	253	4 ^b	2	160-353	Melendy et al. (2005)
Phycidae	Urophycis tenuis	$0.72^{a} (0.343)$	0.402	396	5 ^b	3	61-457	Melendy et al. (2005)
Pinguipedidae	Pseudopercis semifasciata	0.93 (0.380)	0.647	100	18 ^b	3	136-836	Timi and Lanfranchi (2009)
Pinguipedidae	Pinguipes brasilianus	0.87 (0.334)	0.581	154	11 ^b	3	87-739	Timi et al. (2008)
Pinguipedidae	Pinguipes brasilianus	0.7968 (0.294)	0.526	310	9^{b}	4	87-920	Timi et al. (2009)
Pleuronectidae	Reinhardtius hippoglossoides	$0.597^{a} (0.112)$	0.562	231	5	9	125-1938	Arthur and Albert (1993)
Pleuronectidae	Reinhardtius hippoglossoides	$0.996^{a} (0.332)$	0.864	231	5	4	125-1938	Arthur and Albert (1993)
Pleuronectidae	Reinhardtius hippoglossoides	0.49 (0.167)	0.396	608	6	6	730-1972	Boje et al. (1997)
Pleuronectidae	Reinhardtius hippoglossoides	0.77 (0.391)	0.413	608	6	3	730-2373	Boje et al. (1997)
Pleuronectidae	Hippoglossus stenolepis	$0.28^{a}(0.080)$	0.381	240	8	15	108-4291	Blaylock et al. (2003)
Pleuronectidae	Hippoglossus stenolepis	$0.63^{a} (0.276)$	0.381	240	8	4	190-4291	Blaylock et al. (2003)
Pleuronectidae	Hippoglossus stenolepis	$0.83^{a} (0.428)$	0.459	240	8	3	331-4291	Blaylock et al. (2003)
leuronectidae	Hippoglossus stenolepis	$0.87^{a}(0.567)$	0.41	240	8	2	331-4291	Blaylock et al. (2003)
leuronectidae	Hippoglossus stenolepis	$0.44^{a} (0.211)$	0.286	62	8	5	164-2862	Blaylock et al. (2003)
Pleuronectidae	Hippoglossus stenolepis	$0.66^{a} (0.394)$	0.289	62	8	3	164–2862	Blaylock <i>et al.</i> (2003)
Pleuronectidae	Hippoglossus platessoides	$0.79^{a} (0.510)$	0.334	232	2	2	121–279	McClelland and Melendy (200
Pleuronectidae	Hippoglossus platessoides	$0.7^{a} (0.531)$	0.195	204	4	2	141–165	McClelland and Melendy (200
Pleuronectidae	Hippoglossus platessoides	$0.48^{a} (0.262)$	0.255	437	4	4	121–497	McClelland and Melendy (200
Pleuronectidae	Platichthys flesus	0.663 (0.526)	0.156	160	15 ^b	2	64–359	Marques <i>et al.</i> (2006)
Pleuronectidae	Pleuronectes americanus	$0.84^{a} (0.251)$	0.604	190	7	4	94–526	McClelland et al. (2005)
Polynemidae	Polydactylus macrochir	0.83 (0.250)	0.59	265	9	5	198–1763	Moore <i>et al.</i> (2012)
Polynemidae	Polydactylus macrochir	0.445 (0.253)	0.231	252	9	5	73–695	Moore et al. (2012)

Fable 1. (Cont.)

Family	Species	Proportion correct (by chance)	,	No. fish	No. parasite species	No. localities	Minimum – Maximum distance (km)	Reference
Polynemidae	Polydactylus macrochir	0.576 (0.249)	0.362	248	6	52	75–618	Moore et al. (2012)
Polynemidae	Polydactylus macrochir	$0.784\ (0.253)$	0.547	342	10	9	122-2050	Moore et al. (2012)
Sciaenidae	Micropogonias furnieri	0.71 (0.220)	0.512	248	41 ^b	Ŋ	689–3412	Luque <i>et al.</i> (2010)
Sciaenidae	Micropogonias furnieri	0.8 (0.405)	0.438	248	41^{b}	3	764–3412	Luque <i>et al.</i> (2010)
Sciaenidae	Cynoscion guatucupa	0.753(0.395)	0.391	568	$18^{\rm b}$	3	477–2139	Timi et al. (2005)
Sciaenidae	Cynoscion guatucupa	0.667(0.397)	0.293	297	10^{b}	3	477–2139	Timi <i>et al.</i> (2005)
Scophthalmidae	Lepidorhombus boscii	0.51(0.372)	0.153	160	10^{b}	3	64-457	Marques <i>et al.</i> (2006)
Sebastidae	Helicolenus dactylopterus	0.888^{a} (0.439)	0.538	999	10^{b}	3	966–1428	Sequeira <i>et al.</i> (2010)
Soleidae	Microchirus azevia	0.565(0.500)	0.072	160	19^{b}	2	97–304	Marques <i>et al.</i> (2006)
Soleidae	Solea lascaris	0.677(0.334)	0.367	160	21^{b}	33	64-457	Marques <i>et al.</i> (2006)
Soleidae	Solea senegalensis	0.507 (0.333)	0.195	160	22^{b}	3	64-457	Marques <i>et al.</i> (2006)
Soleidae	Solea solea	0.446 (0.344)	0.117	160	12^{b}	3	64-457	Marques <i>et al.</i> (2006)
Sparidae	Boops boops	$0.93^{a} (0.375)$	0.649	100	_q 9	33	429–820	Power et al. (2005)
Sparidae	Boops boops	$0.94^{a} (0.375)$	899.0	100	3	3	429–820	Power et al. (2005)
Triakidae	Mustelus manazo	0.92(0.501)	0.558	25	8	2	579–579	Yamaguchi et al. (2003)

^a Studies that used cross-validation.

^b Ectonarisates included

Ectoparasites included. Because the observed proportion was 1, it was adjusted to 0.975 for effect size calculation according to Fox and Weisberg (2011).

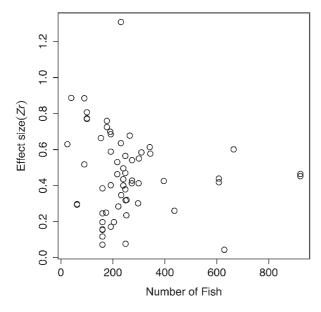
was also calculated from the meta-regression model. Based on Zr and the corresponding sampling variances, a random-effects meta-analysis was employed to estimate the overall effect size quantifying the proportion of correct classification relative to chance. Here, we note that r(Zr) values of 0.1 (0.1), 0.3 (0.31) and 0.5 (0.55) are considered as small, medium and large effects, respectively (Cohen, 1988) while I^2 values of 25, 50 and 55% are considered as low, moderate or high, respectively (Higgins $et\ al.\ 2003$).

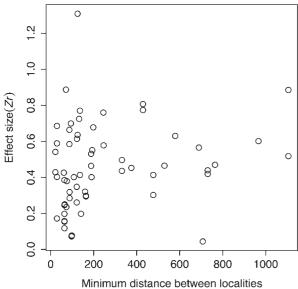
A meta-regression model was then constructed in an attempt to account for the observed heterogeneity in the data and examine effect sizes at separate levels for each moderator listed above. As in a standard regression, this serves to determine whether any of the moderators (number of fish, number of parasite species, number of localities, minimum or maximum distance between localities, etc.) explains a significant amount of heterogeneity among studies, and thus affects the likelihood that parasites prove to be useful tags in any given situation. Finally, we checked for evidence of publication bias in our dataset. This could be manifested, for example, by underrepresentation of studies with weak effect sizes, as authors of such studies may decide not to attempt to publish them or editors may turn them down (the 'file drawer' effect). We assessed potential publication bias visually for asymmetry in funnel plots of both raw effect sizes and 'meta-analytic residuals' against the precision (or the inverse of sampling standard errors). We also quantitatively assessed publication bias using a rank correlation test between metaanalytic residuals and the inverse of sample variance (cf. Begg and Mazumdar, 1994).

RESULTS

Overall, the observed probability of correct classification was 71.08% across 61 effect sizes from 29 articles (Table 1). This marks a two-fold improvement over the rate of correct classification expected by chance alone, which was 35.32% on average. Furthermore, the average effect size was r = 0.414(Zr = 0.463), which is indicative of a medium-tolarge effect. In other words, using parasites provides a medium-to-large improvement on the correct classification of fish based on chance alone. However, there was overall a large amount of heterogeneity detected among effect sizes ($I^2 = 92.56\%$), which was explained largely through study identity $(I^2 = 55.70\%)$ while taxonomic relationships explained little ($I^2 = 0.59\%$); the residual heterogeneity, i.e. the unexplained inconsistency among data points, was 36.3%.

Weak effect sizes were frequently reported for studies in which the minimum distance between sampling localities was small (Fig. 2). However, the meta-regression models identified little contributions





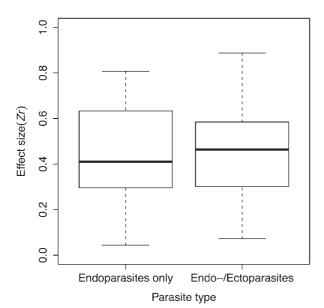


Fig. 2. Relationships between effect sizes (Fisher's z-transformed correlation coefficients, Zr) corresponding

from any of the moderators, which indicates that the proportion of correct classification is affected little by the moderators included in our analysis (Table 2; Fig. 2). No publication bias was detected based on the residuals of the meta-regression model through visual inspection of the funnel plot and based on a correlation test (tau = 0.027, P = 0.765).

DISCUSSION

Our meta-analysis indicates that parasites are generally reliable biological tags that can improve understanding of many marine fish stocks. Using parasite data, the probability of correctly assigning a fish to its original stock is double what one can achieve by chance alone (71% vs 35%); in terms of formal effect sizes, this is a medium-to-large improvement over chance. We could not identify any significant moderator variables, i.e. any situations where, because of the details of a particular study, parasites would be more reliable tags than under other circumstances. It must be pointed out that heterogeneity among the effect sizes included in the analysis was fairly large (over 90%). Therefore, the results must be interpreted with some caution because when heterogeneity is substantial, the reliability of the mean effect size as an estimate is likely to be low. Nevertheless, as they stand, the findings suggest that parasites are useful and reliable stock indicators for marine fish under most circumstances.

The usefulness of parasites as biological tags can also be assessed by comparing their performance against that of other markers. For instance, in some studies there is good agreement between the stock delineation based on parasites and that based on genetic data (McClelland et al. 2005), suggesting that the two methods are equivalent in terms of their power to distinguish among fish stocks but this is not always the case. For example, based on parasitological studies of orange roughy, Hoplostethus atlanticus, Lester et al. (1988) discriminated five stocks from Australian waters and three from New Zealand waters. Using different genetic markers (microsatellites, cytochrome *c* oxidase subunit I and cytochrome b sequences), Varela et al. (2012, 2013) were unable to distinguish among orange roughy caught off the coasts of Australia and New Zealand, and only found genetic differentiation on a global scale, when comparing samples from the Atlantic with those from Australia and New Zealand. On small to intermediate

to the improvement in correct classification of fish using parasites compared to classification based on chance alone, and three potential moderators: the total number of fish sampled, the minimum distance between any pair of sampling localities, and whether the parasites used were endoparasites only (N = 28) or endo- and/or ectoparasites (N = 33).

Table 2. Results of a Bayesian linear mixed model (MCMCglmm) evaluating the relationship between the effect size of correct classification of fish based on parasite data, calculated as Zr, and potential predictors such as the number of fish examined, the number of parasite species included in analysis, the number of localities involved, whether or not ectoparasites were included, the minimum and maximum distance between sampled localities and whether cross-validation was used to compute the proportion of correct classification

	Posterior mean	Lower 95% CI	Upper 95% CI	MCMC P-value
(Intercept)	0.4657	0.3110	0.6083	< 0.0001
Number of fish	-0.0727	-0.1692	0.0127	0.1140
Number of parasite species	0.0054	-0.0833	0.1002	0.9140
Number of localities	-0.0042	-0.0630	0.0479	0.8700
Ectoparasites	0.0716	-0.0861	0.2147	0.3640
Minimum distance	0.0149	-0.0909	0.1036	0.7430
Maximum distance	0.0894	-0.0299	0.2222	0.1540
Cross-validation	0.0105	-0.1738	0.2170	0.9290

Data points based only on endoparasites are included in the intercept. Posterior means are equivalent to regression coefficient estimates, 95% CI (credible intervals) are equivalent to 95% confidence intervals and MCMC *P*-values are comparable to standard *P*-values.

geographical scales (10²–10³ km), it seems that lowfrequency dispersal of adult fish is enough to lead to genetic homogenization of different populations, whereas from an ecological perspective (as indicated by parasites) these may be considered as different stocks. Just as the use of parasites as biological tags is founded upon the distance decay of similarity in community composition, the use of genetic markers is founded upon the well-documented genetic isolation by distance, corresponding to a decrease in the genetic similarity between conspecific individuals with an increase in the geographic distance between their location. For marine fish, the 'isolation-bydistance' relationship is non-linear and dependent on the spatial scale considered (Bradbury and Bentzen, 2007), a pattern reminiscent of what is seen with distance decay of similarity (Soininen et al. 2007). It may be that at scales of 10^2-10^3 km, parasites are better to discriminate among stocks than genetic markers. Given some of the issues associated with the use of fish morphometry for stock discrimination (Cadrin, 2000), parasites may also be preferable to this method on most spatial scales.

We used the meta-analysis to test for the influence of several moderators, but in particular we wanted to test two predictions derived from ecological studies of the distance decay of community similarity. These were that studies including ectoparasites with simple life-cycles (and limited dispersal) should achieve more accurate classification of fish to their original groups than those using solely helminths with complex life-cycles, and that the greater the distance among fish populations sampled, the more reliably parasites can be used to discriminate among those populations. We found no strong support for either prediction. However, it must be noted that when ectoparasites are used in studies of parasites as biological tags, they are usually utilized

in combination with endoparasitic helminths, with the latter group greatly outnumbering the former. It therefore becomes impossible to rule out that ectoparasites allow for better classification of their fish hosts. Thus we echo MacKenzie and Abaunza (1998) and recommend that whenever possible, parasites with simple life-cycles, such as monogeneans or copepods, should be used in stock discrimination studies, provided that the species in questions have a life-span long enough to dampen temporal fluctuations in abundance. With respect to distance among sampled localities, although the effect of the minimum distance between localities was not significant in the meta-analysis, most of the studies reporting weak effect sizes (small improvement in the correct classification of fish using parasites relative to chance alone) had small minimum distances among localities (see Fig. 2). It thus seems that the risk that parasites will be of little use as tags is greater when a study has a small spatial scale. We therefore encourage other researchers to use parasites with caution when some of their sampled locations are separated by 10² km or less.

Our systematic review of the literature on the use of parasites as biological tags to discriminate among fish stocks has also led us to consider making further recommendations for future research in this area. First, we suggest that all future studies should report the expected proportion of correct classification of fish based on chance alone. This is easy to compute (we provide the formula earlier), and yet it only appears in about one-third of the published studies included in our meta-analysis. The probability of correctly assigning fish to their original groups by chance is never zero. It is therefore important to present it as a benchmark against which the performance of the classification based on parasite data can be measured (see also Titus et al. 1984; Solow, 1990).

Second, and related to the above, it is common practice to lump fish from distinct areas into a single larger group following an initial analysis, and then repeat the discriminant analysis with fewer fish groups. Although there may be good biological or oceanographical reasons to justify the lumping, the statistical consequences are worth considering. For instance, the expected proportion of correct classification by chance alone generally increases more after lumping fish groups than that based on parasite data, due to increased inequality in sample sizes among groups. Thus any apparent improvement in discriminatory power when using fewer host groups may be an artefact. We therefore suggest that the results of discriminant analyses on a reduced number of fish groups be interpreted with caution.

Third, although the number of fish sampled was not a significant moderator in our meta-analysis (see Fig. 2), it is worth noting that the guidelines for multivariate discriminant analysis (see Tabachnick and Fidell, 2001) state that the sample size of each group, i.e. each locality sampled or fish stock, should exceed the number of parasite species included in the analysis. Some studies included in our compilation break this rule, or come very close to breaking it. As a rule of thumb, more than 50 fish per group would be needed to reliably estimate covariance (Tabachnick and Fidell, 2001), and we recommend that future studies of parasites as biological tags aim at this minimum sample size.

Fourth, in many studies, the level of taxonomic resolution for the parasites recovered is often limited, especially for larval helminths. This is not a problem unique to studies of parasites as biological tags of fish stocks, but applies more generally to all surveys of parasites (Poulin and Leung, 2010). However, in the context of stock discrimination, it seems that a greater effort to identify parasites to the species level could only improve the correct classification of fish into their respective stocks. We therefore encourage researchers in this area to make an extra effort toward full taxonomic identification of parasites.

In conclusion, the use of parasites as biological tags to distinguish among fish stocks has become a well-established and widely accepted methodology in fisheries management (Williams et al. 1992; MacKenzie, 2002). It is founded on a universal ecological phenomenon, the decay in the similarity of species composition among communities with increasing distance between them. Our meta-analysis validates the usefulness of parasites as tags of fish stocks, finding that this method allows a two-fold improvement in the rate of correct classification compared to random classification. Of course, it is not the perfect method: it requires the destructive sampling of many fish and is time-consuming but, regardless of these drawbacks, if the recommendations made above are followed, then the use of parasites as biological tags should continue to be the low-cost method of choice for the discrimination of marine fish stocks.

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