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# MEIHANA TEAM

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**Tania Huria** (*Senior Lecturer*) BA, BN RcpN, MPHcredit. Tania (Ngai Tahu/Ngati Mutunga Wharekauri) has a clinical background in nursing specialising in women's health and within Kaupapa Māori services. Her Master's thesis explored the experiences of racism throughout Māori nurses careers. She has been a medical educator in Hauora Māori for 13 years, and teaches across, medicine and nursing and health professional programmes. Tania is completing her PhD with a focus on systemic perspectives of chronic kidney disease. Tania is involved in a number of Hauora Māori research projects including Educating for Equity and Chronic Kidney Disease & Māori.

**Tracy Haitana** (*Research Fellow*) PGDipClinPsyc, MA (dist), BA (hons), BSc. Tracy (Te Ati Haunui a Papārangi, Ngāti Tuwharetoa) is a registered clinical psychologist having worked in Corrections settings, for ACC as a sensitive claim's psychology advisor, and in private practice. Her Master's thesis used a mixed method design to investigate issues of cultural bias in psychometric assessment with Māori children using a Kaupapa Māori research framework. She has been involved in Hauora Māori teaching across psychology, medicine and other areas of allied health for ten years. Tracy is currently completing her PhD investigating Māori patient and whānau perceptions of the impact of life events on the course of bipolar disorder.

**Dr Maia Melbourne-Wilcox** (*Senior Clinical Lecturer*) MBChB, MSc (First Class Hons) (*Senior Clinical Lecturer*) Maia ( Ngāi Tuhoe) has completed her fellowship in General Practice and works as a GP at the Papanui Medical Centre, Christchurch. Maia's masters topic was on the antimicrobial properties of rongoa (Māori traditional medicine) and has a passion for Hauora Māori and developing medical curriculum that provides medical students, medical colleges and health professionals with practical key competencies to address health inequities in Aotearoa.

**Associate Professor Suzanne Pitama** (*Associate Dean Māori/Director of MIHI*) PhD (Otago) PGDipEdPsych, MA (First Class Hons), Suzanne (Ngāti Kahungunu). Suzanne is a registered educational psychologist. She has been involved in Māori health research and health education for more than 18 years. Suzanne is focussed on addressing Māori health inequities through medical education, health research (including three HRC funded grants looking at Māori mental health) and through membership on appropriate committees and boards (including the HRC Board). Suzanne's PhD focused on the design, implementation and impact of indigenous health curricula within medical schools.

**Dr Maira Patu** (*Senior Clinical Lecturer*) MBChB (Auckland). Maira (Ngai Tahu/Te Arawa) has completed her fellowship in General Practice and working as a GP at Linwood Medical Centre. Maira was part of the Nga Kete Matauranga team who established the first VLCA General Practice in Invercargill and has spent time practicing in South Canterbury and South Auckland. Maira has a passion for Hauora Māori and addressing health inequities in our communities. She has also been involved in developing our medical curriculum to demonstrate how key competencies can be used to address health inequities in Aotearoa by health professionals.

# MIHI 501 CLINICAL PSYCHOLOGY

## APPLICATION OF THE HUI PROCESS/MEIHANA MODEL TO CLINICAL PRACTICE.

*The purpose of the course is to support psychology trainees to feel informed and confident in the development of Hauora Māori competencies, by focussing on the Hui Process and Meihana Model. The course is tailored to assist learners to apply these models within their clinical practice alongside Māori patients and/or whānau. These models promote positive engagement, appropriate care/treatment and health advocacy that supports Māori health equity. This course is inclusive of: online learning, on site learning and assessment modules. It is expected that the course will take learners between 22-28 hours in total, to complete.*

### **IT IS EXPECTED THAT ALL LEARNERS WILL COMPLETE;**

#### **Five Online Learning Modules**

Online modules that support learners to explore the context of Hauora Maori.

- The role of te reo Māori in a clinical setting
- Review of the context for Māori health including the Treaty of Waitangi and health, the impact of colonisation, systemic and clinical bias.
- Orientation to the Hui Process/Meihana Model within clinical practice
- The function of Whakatere within the Meihana Model, and its applicability to Psychology.

*Each module takes approximately 2 hours to complete. Each module has written material, a video, and quizzes attached. These modules must be completed **2 weeks prior to the on-site training.***

#### **Four On-site Learning Modules**

A single on-site training seminar in **Dunedin**, inclusive of:

- Team based learning activities to further orientate learners to the Hui Process and Meihana Model.
- Simulated patient sessions to practice application of the Hui Process and Meihana Model to clinical practice.
- Case scenarios tailored to learners field of profession.

Approximately 4.5 hours (8.30 am- 1pm). *Attendance and engagement in all sessions is required.*

#### **Assessment Modules**

Assessment modules which provides an opportunity for learners to demonstrate their ability to utilise the Hui Process and Meihana Model in clinical practice.

- Assessment 1: Complete a case assignment, which involves a virtual patient case and allows the learner to demonstrate how they apply the Hui Process/Meihana Model (2 hours). *Once this is case assignment meets the pass criteria, the learner will be directly awarded MIHI501 CLIN PSYCH: Application of the Hui Process/Meihana Model to Clinical Practice.*
- Assessment 2: If the learner chooses to continue their learning, past assessment 1, they can complete one further written case assignment. This involves the interview of a Māori patient whom they are working alongside, and then completing the assignment as dictated by the template (6 hours). *Once this written case meets the pass criteria the learner will be directly awarded MIHI501 CLIN PSYCH: Application of the Hui Process/Meihana Model to Clinical Practice with DISTINCTION*

# MIHI 601 CLINICAL PSYCHOLOGY

## APPLICATION OF THE HUI PROCESS/MEIHANA MODEL TO CLINICAL PRACTICE.

*The purpose of the course is to support psychology trainees to feel informed and confident in the development of Hauora Māori competencies, by focussing on the Hui Process and Meihana Model. The course is tailored to assist learners to apply these models within their clinical practice alongside Māori patients and/or whānau. These models promote positive engagement, appropriate care/treatment and health advocacy that supports Māori health equity. This course is inclusive of: online learning, on-site learning and assessment modules. It is expected that the course will take learners between 22-28 hours in total, to complete.*

### **IT IS EXPECTED THAT ALL LEARNERS WILL COMPLETE;**

#### **Four Online Learning Modules**

Online modules that support learners to explore the context of Hauora Māori.

- Te reo within a mental health setting.
- The function of Whakatere within the Meihana Model, and its applicability to clinical practice.
- Review of using the Hui Process and Meihana Model in a Clinical Interview.

*Each module takes approximately 2 hours to complete. Each module has written material, a video, and quizzes attached. These modules must be completed **2 weeks prior to the on-site training.***

#### **Four On-site Learning Modules**

A single on-site training seminar in **Dunedin**, inclusive of:

- Team based learning activities to further orientate learners to the Hui Process and Meihana Model.
- Simulated patient sessions to practice application of the Hui Process and Meihana Model to clinical practice.
- Case scenarios tailored to learners field of profession.

*Approximately 4.5 hours (8.30 am- 1pm). Attendance and engagement in all sessions is required.*

#### **Assessment Modules**

Assessment modules which provides an opportunity for learners to demonstrate their ability to utilise the Hui Process and Meihana Model in clinical practice.

- Assessment 1: Complete a case assignment, which involves a virtual patient case and allows the learner to demonstrate how they apply the Hui Process/Meihana Model (2 hours). *Once this is case assignment meets the pass criteria, the learner will be directly awarded MIHI601 CLIN PSYCH: Application of the Hui Process/Meihana Model to Clinical Practice.*
- Assessment 2: If the learner chooses to continue their learning, past assessment 1, they can complete one further written case assignment. This involves the interview of a Māori patient whom they are working alongside, and then completing the assignment as dictated by the template (6 hours). *Once this written case meets the pass criteria the learner will be directly awarded MIHI601 CLIN PSYCH: Application of the Hui Process/Meihana Model to Clinical Practice with DISTINCTION*