

Can a Nurse help?

Are you unwell?

Covid-19 swab
Cough
Cold Symptoms
Sore Throat
Congested Sinuses
Ear Ache
Conjunctivitis/"Red Eye"(both eyes)
Impetigo (school sores)
Fungal Infections (Athletes foot, Jock itch, scabies)
Medical Certificate (excludes medical withdrawal from course)
Applications for Disability (physical problems only)

15 min. appointments

For repeat scripts, you will need to have seen a Student Health GP in last 12 months (or 2 years if for contraception [except Ginet] or see Nurse Prescriber

Injured yourself?

Burns
Cuts
Minor skin infection (infected cuts, insect bites, infected piercings)
Sprains
Glass in foot (with Jo/Gwen/Katherine/Birgitte)
Concussion - must be referred by Student Health GP (30 min with Nicky/Gwen/Libby/Ang/Katherine)
Dressings
Removal of Stitches
Suturing – not facial (with Jo) (30 Min)

15 min. appointments unless otherwise stated

Injections/Vaccines – Please let reception know which vaccine as we run special clinics. For example:

- Flu
- Meningitis
- MMR
- Childhood Catch ups (30 min)

Travel - Advice/Vaccines (30 min with Ang, Gwen or Mel)

Immunotherapy (30 min with Ang/Gwen) – Must see Student Health GP Prior.

Routine

Medications Repeats

- Mild Eczema
- Hay fever

Asthma Review of Medication (30 min) – 5 free appointments per year for NZ residents

Contraception

- Pill repeat
- Pill Start (with Gwen/Mel/Ang/Julie/Nicky/Libby)
- Jadelle (implant – with Gwen/Nicky)
- Depo Provera repeat
- Depo Provera start (with Ang/Julie).

ECG (heart tracing) - (referred by GP)

Wart Treatment

Dental Council Immunity Screening

Cardiovascular Screening (30 min)

Diabetes Monitoring & Medication (30 min with Ang or Julie). 2 free appointments per year for NZ residents

Lifestyle Advice - Smoking Cessation, Healthy Eating/Activity (30 min) 5 free appointments per year for NZ residents

Better Sleep – (30 min)

Sexual Health

Cervical Screening (smear) (including STI check)
Female STI check (no symptoms)
Female STI check with symptoms – no abdominal pain (specialty nurse)
Lost Tampon (15 min)
IUD String Check (15 min)
Male STI check (specialty nurse)
UTI bladder infection (15 min)
Thrush symptoms (females only)
Emergency contraception Pill (30 min)
Genital Wart Treatment (specialty nurse)
Pregnancy Test Advice/Support

Usually 30 min. appointments and some may require specialty nurse, please ask