



UniCol Dining Solutions, Dietary Options and Special Dietary Needs



At University College we endeavour to cater for most special dietary needs but cannot cater to all. If you have special dietary needs or requirements due to a medical condition, you must indicate this on the “College Information Form” when you accept a place at University College.

You should check with the College before accepting the offer of a place. The Executive Chef is available to discuss meals and any special needs you may have. You can email him at unicol.kitchen@otago.ac.nz

You can also contact the Senior Tutor, Christine Eason at christine.eason@otago.ac.nz if you require further information on how to manage your dietary requirements and preferences.

College Information Form

The “College Information Form” will be emailed to you once you accept an offer of Accommodation at University College. It is also available on our website. **This is how you advise any special dietary needs or requirements** you may have. However, if your dietary needs should change then you must advise the UniCol office prior to taking up residence or during the first week of semester unless for medical reasons. It can take several days to action any changes to your dietary requirements and needs, so please be very careful when advising your dietary requirements or preferences.

Dietary Requirements or Dietary Preferences?

Dietary Requirements are where a special diet is required for medical reasons. Reasons may include gluten intolerance, allergies, lactose intolerance, Crohn’s disease or other medically diagnosed conditions. Food in the dining room will be labelled, however residents remain responsible for what they eat and are expected to ask the staff if they are unsure of food contents.

Dietary Preferences are where you make lifestyle choices to eat or not eat certain foods or products. The most common is vegetarian. We do not cater for Vegan Diets.

Managing your Dietary Requirements and Preferences.



University College has specific rules and procedures around managing your dietary requirements and preferences. If you indicate specific requirements and preferences on the “College Information Form” you should ensure you attend the dining meetings which are held at the start of the year so that you are fully informed and aware of how best to manage your requirements and preferences and that you know what is expected of you. If you wish to change your needs and/or preferences after taking up residence, you must complete a new “Dietary Disclosure Form”, available from the office, which must be approved by the Senior Tutor. These changes can take several days to action, so it is imperative you advise us of your requirements on the “College Information Form” when accepting the offer of a place at University College and prior to taking up residence.

Other considerations.

- **Vegetarian– Vegan?** UniCol can provide residents with vegetarian options. We do not provide vegan options.
- **Halal Meat.** Unprocessed meat served at the College is Halal however the College does not run a Halal Kitchen.
- **Religious Requirements.** The College will do its best to accommodate the religious dietary requirements of the residents.



For further information on managing your dietary requirements and preferences, you can contact.....



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