



MEDICINE REVIEW

A meeting with a doctor, nurse or pharmacist to talk about and review the medicines you are taking
It is really helpful for people who are taking a lot of medicines

WHY?

Things can change from when you were first prescribed a medicine

You might have a new health condition, lost or gained weight, or developed a side effect

You might want to be reminded what each medicine is for and how to take it

PREPARE

Ask for the pamphlet 'Tips for your Medicine Review'

Bring all your medicines to your appointment

Bring your questions about your medicines

Talk about any changes in how you are feeling

Feel free to bring one of your family or a support person

