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Improving mental health outcomes for Aboriginal and Torres Strait Islanders: Sharing the Evidence of Effective Interventions

The mental health of Aboriginal and Torres Strait Islander people has become a critical issue and available data suggests an entrenched, worsening, mental health crisis. At the core of any solutions are concepts of community ownership and valuing culture. Mental health professions have begun to engage with Indigenous people in ways that support self-determination and assist recovery and cultural maintenance. In this talk, Professor Pat Dudgeon will discuss the key success factors in Indigenous suicide prevention

Professor Pat Dudgeon

Professor Pat Dudgeon is from the Bardi people of the Kimberly area in Western Australia. She is a Professor and Poche Research Fellow at the School of Indigenous Studies at the University of Western Australia in Perth; former Commissioner of the Australian National Mental Health Commission, deputy chair of the Australian Indigenous Psychologist's Association, chair of the National Aboriginal and Torres Strait Islander Leaders Mental Health, co-chair of the ministerial Aboriginal Torres Strait Islander Mental Health and Suicide Prevention Advisory Group and member of NHMRC Mental Health Research Advisory Committee.



Monday 26 February 2018 | 5.15pm – 6.15pm | University of Otago, Wellington
23a Mein St Newtown | All welcome

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