

## Jessie's Beach

*Breathing the warmth*

*Filled with the light*

*Lungs are afresh with the salt in the air*

*The watery mess, glistening on*

*The waves of uncertainty surging ahead*

*One piece of sand, one handful, one beach-ful*

*Each one was a moment, a memory in time*

*Racing the dog, running far as you can*

*The strength and the heartache, the kids give their best*

*There's building of castles, finding of treasures*

*Walking at sunset holding your Favourite One's hand*

*Letting the footsteps make shapes in the memories*

*Together a beach, are these pieces of sand*

*Looking out over times you were lost in the water*

*Deep and out of control, which way is the air?*

*But now, on the beach, there is freedom and sunshine*

*The love and the hope form a welcoming platform*

*As the water rears up and comes tumbling home*

*Some say, but its winter*

*It's cold. You'll get wet*

*Your clothes will get dirty, you'll ruin your shoes*

*Just come back inside, since that's what we expected*

*Summer has gone, who knows what you might lose*

*But this is real life*

*The beach is still waiting*

*And although it's winter, there's sunshine and sand*

*The life that you've got*

*Is the one you've been given*

*So live like you're living*

*Always fill up your hand*