



**WORLD OF
DIFFERENCE**
He Ao Whakatoihara kore

WRAPPING UP THE YEAR WITH WORLD OF DIFFERENCE

Welcome to our final newsletter of 2019. It has been a productive year for World of Difference, with the rollout of our police communications staff training, presentations from team members at national and international conferences, and an increasing team of researchers and educators coming on board. 2020 promises to be another exciting year of growth as World of Difference expands out to other institutions such as AUT and Massey University.

2019 Service User Academia Symposium

In November, The University of Otago Wellington hosted the 9th annual Service User Academia Symposium,

Ending discrimination; promoting recovery, social inclusion and respect for human rights was one of several themes featured at this year's symposium with a total of 4 sessions and 15 presentations being dedicated to this theme. This included Rachel Tester and Jeremy Tumoana presenting alongside our partners from the various other Like Minds, Like Mine projects and providers.

Leah Kininmonth (*Making a World of Difference: Changes in attitudes of medical students towards with experience of mental distress*) and Dr Sarah Gordon (*From substitute decision making to supported decision making in psychiatry*) also presented under the banner of this theme. A huge thank you to the Health Promotion Agency for sponsoring the symposium and supporting such a big focus on this important work.

Programme manager Rachel Tester presented on her personal experiences working within a service user led team (*Reflections of working in a service user-led team and implications for recovery*), while Jeremy Tumoana presented on his Masters project (see below).

Slides from the symposium's presentations will be available in the New Year – please get in touch with Tracey if you would like access to these.



Haere rā Jeremy!

We are sad to announce that our Service User Lead Responsiveness to Māori, Jeremy Tumoana, has left the World of Difference team in order to focus on other commitments. Jeremy is currently undertaking his Masters as part of our Marsden research: *Responding to citizens in mental distress: Exploring the preventative role of police in the community*. A huge thank you to Jeremy for his immense contribution to the programmes during his time with WoD. We will miss you JT! Ngā manaakitanga.

Looking Forward

Watch this space in the coming months – 2020 is set to be our biggest year yet with many exciting developments in the works. We'll be launching straight back in to our medical students training from early January, and our training with the police recruits from early February. Alongside our service user led workshops we will also be producing results throughout the year from our ongoing research.

In the meantime, the team will be taking a well-earned break – we wish you all the same, and a happy and safe holiday season!

Grab the opportunity to implement the World of Difference programmes as part of your healthcare provider education. We can still take up to a further three organisations to support and mentor to become WoD providers - talk to us now.

Notification of publications

Newton-Howes, G., Gordon, S., & Fedchuk, D. (2019). Making the World of Difference: a service user-led education programme reshaping the learning environment in psychiatry. *Australasian Psychiatry*, 1039856219878647.

Davey, S., Gordon, S., & Tester, R. (2019). Addressing police discrimination regarding mental distress using a service user-led and interpersonal contact/education based 'e-Learning'. *Police Practice and Research*, 1-17.

Contact **Tracey Gardiner** (Research Assistant) tracey.gardiner@otago.ac.nz if you would like to be included on the mailing list to receive these newsletters directly or if you wish to unsubscribe from our mailing list.

Contact **Dr. Sarah Gordon** (Programme Lead) sarah.gordon@otago.ac.nz if you would like further information about the programme.