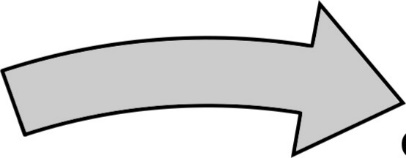
OPC - Processo de Coaching



**PESSOA**

**AMBIENTE**

**TAREFA**

**AVALIAR**

o que é factível e provável que funcione

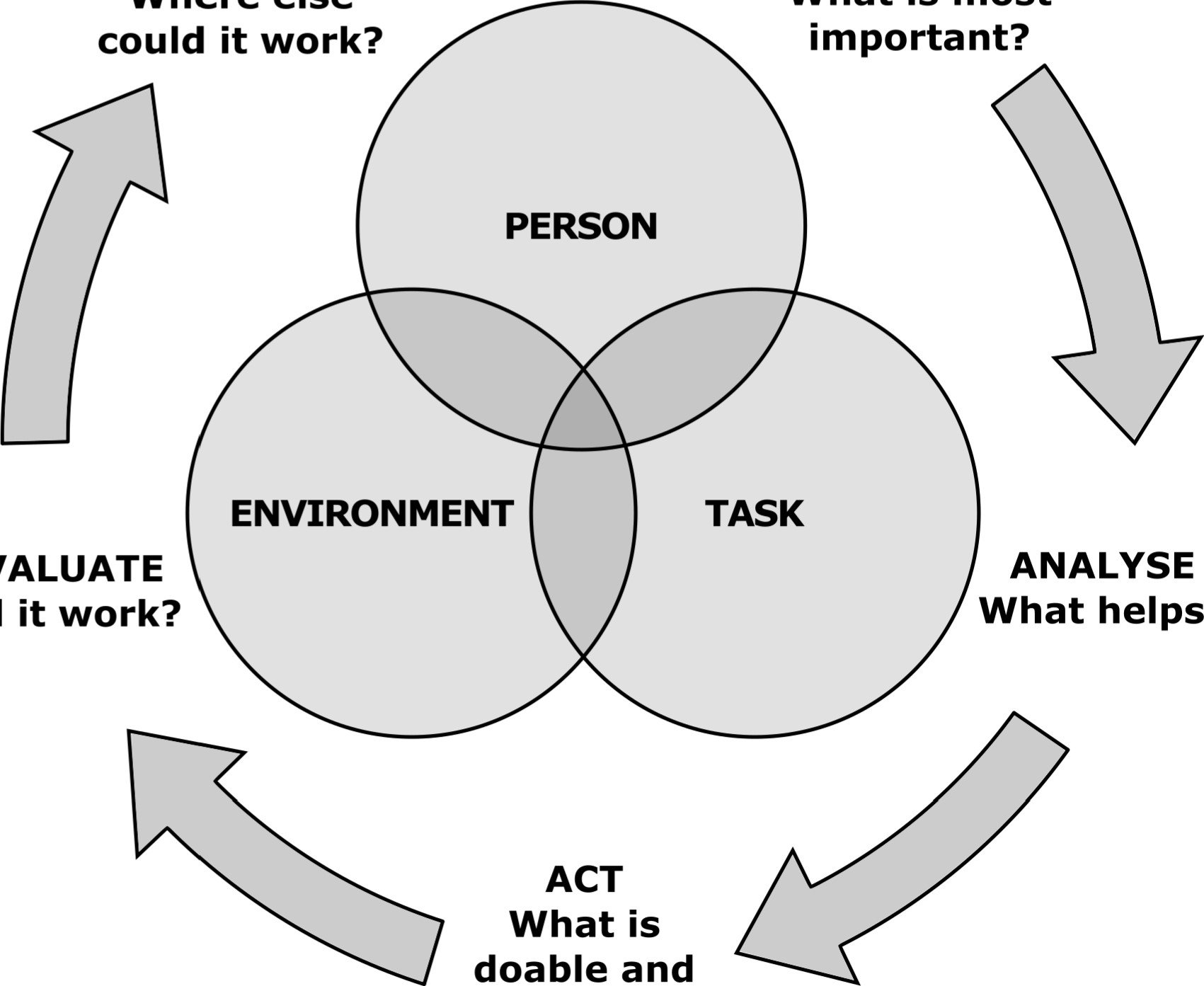
**AGIR**

**ESCLARECER** **OBJETIVO**

O que é mais

Importante?

**GENERALIZAR**



O que ajuda?

**ANALISAR**

Funcionou?

Onde mais poderia funcionar?

Suggested citation: Graham, F., (2020), Occupational Performance Coaching (OPC) Coaching Process. Retrieved from https://www.otago.ac.nz/opc (date retrieved). University of Otago.

|  |
| --- |
| cc |
| BY NC ND |

First published Graham, F. (2020), Occupational Performance Coaching Resources.

This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.

University of Otago.